MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
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Laboratory User Manual

A – Z OF IN-HOUSE TESTS									
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Page 1 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024	Standards: ISO 15189 and JCI	7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT				

Contents

1.0	INTRODUCTION	7
2.0	QUALITY POLICY	8
3.0	GENERAL INFORMATION AND CONTACT DETAILS	g
3.1	LOCATIONS	<u>c</u>
3.2		
3.3	CONTACT DETAILS AND PERSONNEL	10
3	3.3.1 Laboratory contact details	
3	3.3.2 Key personnel	10
3	3.3.3 Laboratory Consultants	11
3	3.3.4 Role of Laboratory Consultants	11
3.4	OUT-OF-HOURS ARRANGEMENTS	11
3	3.4.1 Urgent and Blood Transfusion requests out-of-hours	11
3	3.4.2 Storage of non-urgent samples out-of-hours	12
4.0	USER SATISFACTION AND COMPLAINTS	13
5.0	CONSUMABLES	13
5.1	STORES SUPPLIES	13
5.2		
6.0	LABORATORY REQUESTS	14
6.1	REQUEST FORMS	14
6.2	·	
	5.2.1 Required request form information	
	5.2.2 Tests/ investigations required	
	5.2.3 Additional information	
	5.2.4 Use of specimen bags attached to request forms	
6.3		
ϵ	5.3.1 Labelling blood transfusion bottles	
6.4		
6.5	CLINICAL INFORMATION	17
6.6		
ϵ	5.6.1 Urgent biopsies	
6.7		
6.8	ADD-ON REQUESTS	18
6.9	REQUESTS FOR A REPEAT SAMPLE	19
7.0	SAMPLE COLLECTION	19
7.1	SAMPLE COLLECTION AND ORDER OF DRAW	19
7.2	SAMPLES COLLECTED BY THE PATIENT	20
7	7.2.1 24-hour (timed) urine collections	21
7	7.2.2 Stool sample collection	22
7	7.2.3 MSU sample collection	22
7	7.2.4 Urine microscopy and culture	
7.3	Sample quality, haemolysis, icterus, lipaemia	22

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				

Title: User Manual

	110.01 0001 11011001	
7.4	DISPOSAL OF CONSUMABLES USED DURING SAMPLE COLLECTION	24
7.5	PATIENT IDENTIFICATION AND CONSENT	
7.5	5.1 Conscious patients	24
7.5	5.2 Unconscious/ sedated patients, patients with communication difficulties	25
7.6	CHECKING PATIENT PREPARATION	26
7.7	CHECKING THAT THE CONTAINER/ BOTTLE IS LABELLED CORRECTLY	26
7.8	ENSURING THAT THE SAMPLE IS COLLECTED CORRECTLY	26
7.9	Sample collection at 37 degrees Celsius	
7.10	Sample and specimen labelling	27
7.1	10.1 Labelling the specimen container/ sample bottle	27
7.1	10.2 Category A Pathogens [Risk Group 4]	
8.0	STORAGE AND TRANSPORT OF SAMPLES	
8.1	Pre-analytical storage	20
8.2	SAMPLE TRANSPORT	
8.3	SAMPLE TRANSPORT USING TAXIS AND COURIERS	
	MODEL RULES FOR SAMPLE TRANSPORT	
8.4 8.5	HAZARDS OF FORMALIN	
	ACCEPTANCE REQUIREMENTS	
9.1	ACCEPTANCE CRITERIA	
9.2	REASONS FOR REJECTION	
9.3	EXCEPTIONS	
9.4	LABORATORY RECEIPT PROCEDURE	33
10.0 I	REPORTS	34
10.1	Paper reports	34
10.2	WINPATH WARD ENQUIRY	34
10.3	TELEPHONED REPORTS	34
10.4	EMAILED REPORTS	35
10.5	SUPPLEMENTARY REPORTS	35
10.6	AMENDED REPORTS	35
10.7	COPY REPORTS	36
10.8	DELAYED REPORTING	36
10.9	MEASUREMENT UNCERTAINTY	36
10.10	REFERENCE RANGES	37
10.11	ACCREDITED AND UNACCREDITED TEST REPORTING	37
10.12	REPORTS ON RESULTS FROM REFERRAL LABORATORIES	37
10.13	TURNAROUND TIMES	37
10.14	CRITICAL RESULTS AND ALERT LIMITS	38
10.	.14.1 Biochemistry critical results	38
10.	.14.2 Point-of-care testing critical results	39
10.	.14.3 Haematology critical results	41
10.	.14.4 Blood Transfusion critical results	42
10.	.14.5 Microbiology critical results	42
10.	.14.6 Histology critical results (MPD)	42
10.	.14.7 External laboratory critical results	43

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Title: User Manual

11.0	BIOCHEMISTRY	43
11.1	IN-HOUSE TEST REPERTOIRE	43
11.2	BIOCHEMISTRY PROFILES	47
11.3	BIOCHEMISTRY TESTS TESTED IN MATER PRIVATE DUBLIN (MPD)	47
11.4	SAMPLE VOLUME	47
11.5	PROCESSING AND TESTING FLUIDS	48
11.6	SAMPLE REJECTION IN BIOCHEMISTRY	48
11	1.6.1 Factors affecting sample quality	49
11.7	Urine collection	49
11	1.7.1 Containers for 24-hour urine collections	49
11	1.7.2 Urine storage and preservation	50
11.8	BLOOD GASES	51
11.9	DYNAMIC FUNCTION TESTS	51
11.10	0 Interpretation of Troponin I results	52
12.0	POINT-OF-CARE TESTING	52
13.0	IMMUNOLOGY	52
14.0	HAEMATOLOGY	53
14.1	HAEMATOLOGY TEST REPERTOIRE	53
14	1.1.1 Haematology in-house tests	53
14	1.1.2 MPD Haematology test repertoire	54
14.2	INFORMATION ABOUT HAEMATOLOGY TESTS	55
14.3	FACTORS THAT COULD SIGNIFICANTLY AFFECT THE TEST OR INTERPRETATION OF THE RESULT	56
14.4	USE OF THE THROMBOEXACT SAMPLE TUBE	56
15.0	BLOOD TRANSFUSION	56
15.1	GENERAL BLOOD TRANSFUSION INFORMATION AND CONTACT DETAILS	56
15.2	BLOOD TRANSFUSION SAMPLE COLLECTION AND LABELLING REQUIREMENTS	57
15.3	BLOOD TRANSFUSION REQUEST FORM SUPPLIES AND COMPLETION REQUIREMENTS	58
15	5.3.1 Routine requests	60
15	5.3.2 Urgent requests	60
15.4	BLOOD TRANSFUSION TESTS AND SAMPLE TYPES	61
15.5	CROSSMATCH REQUESTS	62
15.6	MAXIMUM (SURGICAL) BLOOD ORDERING SCHEDULE (MBOS/ MSBOS)	62
15.7	Massive haemorrhage pathway	63
15.8	DESCRIPTION OF BLOOD AND BLOOD PRODUCTS	63
15	5.8.1 Red Cells	63
15	5.8.2 Emergency Uncrossmatched O RhD Negative red cells	63
15	5.8.3 Platelets	63
15	5.8.4 Octaplas	64
15	5.8.5 Human Albumin (Flexbumin)	64
15	5.8.6 Prothrombin complex concentrate (Octaplex™)	65
15	5.8.7 Fibrinogen concentrate (Riastap® or Fibryga®)	65
15	5.8.8 Other Blood Products	65
15.9	Suspected transfusion reaction	65
15.10	O COLLECTION AND DELIVERY OF BLOOD, BLOOD COMPONENTS AND BLOOD PRODUCTS	67

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				

Title: User Manual

16.0	HAEM	OVIGILANCE	68
16.1	. Gen	IERAL HAEMOVIGILANCE INFORMATION	68
16.2	Вьо	OD TRANSFUSION POSITIVE PATIENT IDENTIFICATION	68
16.3	TRA	CEABILITY (LEGAL REQUIREMENT)	69
16.4	No	TIFICATION OF SERIOUS ADVERSE EVENTS AND REACTIONS (SAE AND SAR)	70
17.0	MICRO	DBIOLOGY	72
17.1	REC	UESTING MICROBIOLOGY INVESTIGATIONS	72
17.2	COL	LECTION AND TRANSPORT GUIDELINES FOR MICROBIOLOGY SPECIMENS	73
17.3	SAN	IPLE COLLECTION	73
17.4	Mic	ROBIOLOGY TEST INFORMATION	75
1	7.4.1	In-house Microbiology tests	75
1	7.4.2	Microbiology tests (Mater Private Hospital Dublin, MPD)	76
1	7.4.3	Microbiology tests (Mercy University Hospital, MUH)	77
17.5	Вьо	OD CULTURE	78
17.6	CER	EBROSPINAL FLUID (CSF)	79
1	7.6.1	Investigation of Meningitis	80
1	7.6.2	Sub-arachnoid haemorrhage (SAH)	80
1	7.6.3	CSF reference ranges	80
17.7	' Infe	CTION PREVENTION AND CONTROL	81
17.8	REP	ORTING MICROBIOLOGY RESULTS	81
1	7.8.1	Reporting of suspected outbreaks of infection	81
1	7.8.2	Other infectious diseases	82
17.9	Mic	ROBIOLOGY SAMPLE STORAGE	82
18.0	HISTO	LOGY AND CYTOLOGY	82
18.1	. GEN	IERAL HISTOLOGY AND CYTOLOGY INFORMATION	82
18.2	REP	ORTS AND TURNAROUND TIMES	83
1	8.2.1	Histology and cytology turnaround times (TAT)	83
18.3	His	TOLOGY ADVICE OUTSIDE NORMAL WORKING HOURS	83
18.4	His	TOLOGY SPECIMENS	83
1	8.4.1	Urgent Histology	83
18.5	His	OLOGY SPECIMENS REQUIRING SPECIAL HANDLING	84
1	8.5.1	Muscle Biopsies	84
1	8.5.2	Lymph Nodes	84
1	8.5.3	Sural nerve biopsies and peripheral nerve biopsies	85
1	8.5.4	Specimens requiring both microbiological culture and histology	85
1	8.5.5	Skin biopsies for Immunofluorescence	85
1	8.5.6	Breast cyst aspirate	85
1	8.5.7	Bronchial aspirate	86
1	8.5.8	Brushings from other sites	86
1	8.5.9	Fine Needle Aspiration Cytology	86
1	8.5.10	Sputum	86
1	8.5.11	Urine	86
1	8.5.12	Other Cytological Examinations	87
10.0	OUT (OF HOURS SERVICE	07

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

19.	.1 Mercy University Hospital	87
	Table: Test repertoire available out of hours at MUH	87
19.	.2 THE IBTS (MRTC AT ST. FINBARR'S HOSPITAL)	89
19.	.3 PACKAGING SAMPLES FOR REFERRAL	89
20.0	REQUEST REFERRAL	89
	·	
21.0	ASSOCIATED DOCUMENTS	89
22.0	REFERENCES	89
A DDE	NDIX: ALL IN-HOUSE TESTS A- Z	90
	A	90
	В	91
	C	92
	D	94
	E	95
	F	95
	G	96
	Н	97
	I	98
	L	98
	M	99
	N	100
	P	100
	R	101
	S	102
	T	102
	U	103
	V	103

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

1.0 INTRODUCTION

This manual provides our users with information on the Laboratory team and services, clinical support and test requirements. Our core services are biochemistry, haematology, microbiology, point-of-care testing and phlebotomy. Blood transfusion is referred to the Irish Blood Transfusion Service (IBTS) at the Munster Regional Transfusion Centre (MRTC) in St Finbarr's Hospital. Histopathology is referred to Mater Private Dublin.

Our team

We are a team of consultants, medical and laboratory scientists, laboratory assistants, phlebotomist, quality manager and laboratory manager. Clinical advice and direction are provided by our Laboratory Consultants.

Quality management

Our quality management system ensures the services undergo continuous review and improvement. The Laboratory team is committed to acting in accordance with the requirements of ISO 15189:2012, AML-BB (articles 14 and 15 of EU Blood Directive 2002/98/EC) and Joint Commission International Hospital standards. We are working towards being accredited to ISO 15189.

<u>Service scope</u>: Only samples taken from patients 16 years of age or over are accepted. The appendix to this document provides information on our in-house tests. Details of tests referred to other laboratories are available in *MPC-FORM-LAB-012 Referral test index*.

Protection of personal information

All Laboratory personnel are legally and contractually bound to maintain confidentiality. Only Hospital staff with a personal swipe card can access the laboratory. Access to the Laboratory IT system (LIMS) is restricted to those with a personal username and password.

We welcome your feedback and appreciate input from all our users.

Prof Maria Fitzgibbon, Laboratory Director

Maria.Fitzgibbon@materprivate.ie

Maria Fitzgibbon

Mary Kennedy, Laboratory Manager

Mary.Kennedy@materprivate.ie

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Page 7 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

2.0 QUALITY POLICY

The Mater Private Network's Cork Laboratory provides in-house services for biochemistry, haematology, microbiology and point-of-care testing. We are committed to promoting and providing high quality services to our users.

In order to ensure that the needs and requirements of our users are met, we will:

- > Operate a quality management system to integrate the organisation, procedures, processes and resources to support delivery of the best possible care for our patients.
- > Establish, deliver and review quality objectives and plans in order to implement this policy.
- > Ensure that all personnel are familiar with this annually-reviewed quality policy and adhere to Hospital policies and procedures to ensure user satisfaction, quality and safety.
- > Commit to the health, safety and welfare of our staff and visitors to the department.
- > Uphold professional values, good professional practice, ethical conduct and patient confidentiality.

The laboratory will comply with ISO 15189:2012, JCI standards, AML-BB, EU Directive 2002/98/EC and INAB terms and conditions, regulations and policies, and environmental legislation for the services and tests described in the Quality Manual.

The laboratory is committed to:

- > Staff recruitment, training, development and retention to provide a fit-for-purpose service to users.
- > The proper procurement and maintenance of equipment and other resources needed for the provision of the service.
- > The correct collection, transport and handling of specimens to ensure the quality of examinations.
- > The use of examination procedures that will ensure the fitness-for-purpose of all tests performed.
- > Ensuring results of examinations are timely, confidential, accurate and clinically useful.
- > The annual assessment of user satisfaction, in addition to internal audit and external quality assessment, to support continual quality improvement.

Page 8 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

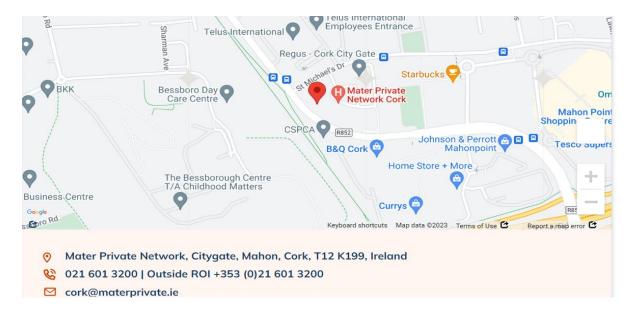
- > The safe distribution and transfusion of blood and blood products, and 100% traceability of blood components.
- > The investigation and reporting of serious adverse events and reactions and reporting to the relevant authority, where applicable, in a timely manner.

3.0 GENERAL INFORMATION AND CONTACT DETAILS

3.1 Locations

The laboratory and laboratory office are in basement 2 (B2) of the main hospital building.

The phlebotomist is based on the ground floor of the Women's Health Centre.



3.2 Opening hours and cut-off times

Opening hours

Laboratory: Monday to Friday 08:00 – 18:00

Phlebotomy: Monday to Friday 07:00 – 16:00

Cut-off times

Requests for in-house blood tests received in the laboratory by 17:00 (Monday to Friday) are processed on the same working day. Microbiology samples received after 16:30 are

Page 9 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

refrigerated and processed the next working day. Outside of these hours, urgent samples are sent directly to the Mercy University Hospital (please see section 19 below).

3.3 Contact details and personnel

3.3.1 Laboratory contact details

Please email non-urgent queries to mpclabemailgroup@materprivate.ie

Area	Number (021) 601-extn
Hospital	(021) 601 3200
Laboratory	3411
Laboratory Reception	3380
Laboratory Office	3368
Laboratory Fax	021 435 9212
Haemovigilance Officer	3315
Phlebotomist	3382
Pneumatic chute extension for lab	08
Blood Bank (MRTC at St Finbarr's Hospital)	Speed dial: 4444
	Direct dial: (021) 480 7400
	(If direct dial not working, 087 267 9338)

3.3.2 Key personnel

Position	Name	Number (021) 601-extn
Laboratory Director	Prof Maria Fitzgibbon	[via switchboard]
Laboratory Manager	Mary Kennedy	3368
Quality Manager	Louise O'Callaghan	3368
Chief Biomedical Scientist	Mike Trevett	3368
Senior Medical Scientist (Blood Transfusion)	Joyce Coughlan	3411
Senior Medical Scientist (Haematology)	Evelyn Sullivan	3411
Senior Medical Scientist (Biochemistry and point-of-care testing)	Aisling Twomey	3411
Haemovigilance Officer	Anne-Marie Healy	3315
Phlebotomist	Marie Murphy	3382

Page 10 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

3.3.3 Laboratory Consultants

Area	Lead	Deputy/ cover	Contact
Laboratory Director	Prof Maria Fitzgibbon	Prof Peter O'Gorman	Contact the relevant
Biochemistry	Prof Maria Fitzgibbon	Dr Graham Lee	Consultant via Switchboard (ext.
Haematology and Blood Transfusion	Prof Peter O'Gorman	Dr Viviana Mohilitchi	3200 from a Hospital
Microbiology	Dr Joy Baruah	[to be confirmed]	phone or direct dial 021 601 3200)

3.3.4 Role of Laboratory Consultants

The Laboratory Consultants provide clinical advice to the users of the service. They can advise on the appropriate choice of examinations and their clinical indications, the limitations of examination procedures and appropriate test frequency. They can also advise on clinical cases and interpretation of laboratory examinations.

All consultants and their deputies/ alternates are contactable through the hospital switchboard. The MPH Consultant group [covering Clinical Biochemistry and Haematology/ Blood Transfusion] provide advice and not governance for the results received on samples processed in the Mercy University Hospital.

3.4 Out-of-hours arrangements

3.4.1 Urgent and Blood Transfusion requests out-of-hours

Urgent requests

Outside of core hours, urgent requests for an agreed repertoire of haematology, biochemistry and microbiology tests are sent to the Mercy University Hospital. Please see section 19 below for further information on out-of-hours testing in the Mercy University Hospital.

For an up-to-date list of tests available out-of-hours, please refer to Hospital document *MPC-PP-NUR-102 Policy on the Management of Specimens after routine working hours which are sent to the Mercy University Hospital*. This document also describes the steps to be taken to arrange out-of-hours testing.

Page 11 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Blood Transfusion

There is no in-house blood transfusion testing service. All requests are referred to the IBTS/ MRTC where there is a 24/7 service. The IBTS service is limited at nights, weekends and bank holidays and only urgent testing is carried out following approval from the IBTS' Consultant Haematologist. Please see section 15 below for further details of the arrangements.

3.4.2 Storage of non-urgent samples out-of-hours

Discipline	Out-of-hours storage
Microbiology	Please store routine samples in Laboratory fridge no. 5 and record the
	details on form MPC-FORM-LAB-054 Log of samples left in specimen fridge
	outside of working hours. Copies of this form are available in the
	laboratory and on Q-Pulse.
	Samples stored in fridge no. 5 will be processed the next routine working day.
Histopathology	Histology and cervical smear thin prep samples can be brought to the
	laboratory at any time and are stored at room temperature. Outside of
	laboratory working hours, please leave these on the laboratory bench.
Serology	Influenza AB, SARS-CoV-2 and <i>C. difficile</i> testing is carried out in-house
	between 8am and 4.30pm Monday to Friday. Samples received outside of
	these hours will be tested on the next routine working day. When the
	laboratory is closed, urgent Influenza AB and SARS-CoV-2 tests can be run
	by trained and competent personnel on the Cobas Liat in the Emergency
	Department.
Other	Quantiferon: Quantiferon samples should be collected as described in MPC-
	WI-MIC-001 Quantiferon-TB sample collection and incubation. Please only
	collect these samples Monday to Thursday between 08:00 and 17.00. This
	is to enable prompt and sufficient incubation (16 - 24 hours) of the samples
	in the laboratory before referral to the Mater Hospital, Dublin (MMUH).
	Collection tubes and instructions are available from the MPC Laboratory.

Page 12 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Network Network Mater Private Network Mater P			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002 Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

4.0 USER SATISFACTION AND COMPLAINTS

Each year a survey is sent to users of the Laboratory service. The aim of the survey is to obtain feedback from our users and stakeholders in order to understand how well the service meets their needs and requirements and to identify opportunities for improvement for the benefit of our patients.

Please send complaints, compliments, comments, suggestions and other feedback to the Laboratory Manager or Quality Manager (ext. 3368). User feedback is recorded, reviewed and, where appropriate, logged as non-conformance and acted upon. Feedback is sent to users and discussed at laboratory meetings and the annual management review meeting.

5.0 CONSUMABLES

To order supplies from Stores, please email MPCStores@materprivate.ie with a populated Stores requisition form (MPH4359).

To order supplies from the Laboratory, please email mpclabemailgroup@materprivate.ie or telephone ext. 3380 between 8am and 6pm, Monday to Friday.

5.1 Stores supplies

- Request forms (except Blood Transfusion)
- Sterile universal containers
- All tubes for blood collection
- Biopsy pots containing formalin
- · Blood culture bottles
- Plain swabs (blue cap)
- Swabs for viral (Flu AB and SARS-CoV-2) investigation (pink cap)

5.2 Laboratory supplies

- 24-hour urine containers for timed collections. These may contain no preservative (plain) or acid (20mL of 5M molar hydrochloric acid) depending on the investigation requested.
- Urine containers and swabs for Chlamydia trachomatis and Neisseria gonorrhoeae
- Specimen bottles for Quantiferon
- Containers containing CytoLyt for fine needle aspiration
- Blood Transfusion request forms (IBTS, BT-7)
- Genetic tests request forms

Page 13 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK - LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

- Cervical smear request forms
- Michel's medium for skin biopsies: please note that the Laboratory need to be notified at least one week before this is required.
- Buccal swabs (measles and mumps)
- Stool collection kits (calprotectin, Faecal Immunochemical Test (FIT))
- Point-of-care (POCT) testing supplies:

<u>Laboratory</u>: Hemocue and Clinitek QC, cuvettes for Hemocue, maintenance and QC log books. Gas machine supplies (sensor cassettes, solution pack, printer paper, calibrators, log book).

Pharmacy: Glucose and ketone meter QC and strips.

6.0 LABORATORY REQUESTS

A doctor, or a competent person with delegated authority, completes the appropriate request form and collects the required samples.

It is the responsibility of the requesting clinician and the person collecting the samples to ensure that request form is correctly filled in, the sample is taken from the correct patient and the correct label affixed to the sample vial(s) (or for blood transfusion, that the correct and complete details are hand-written on the bottle and form).

There are several request forms and it is important that the correct form accompanies each request: please contact us if unsure.

Blood Transfusion test requests forms are stored for 30 years. Microbiology request forms for in-house tests are stored 1 month. All other forms are retained for 3 months.

6.1 Request forms

Supplies of forms are available from Stores. IBTS/ blood transfusion request forms are available from the laboratory or online at: https://www.giveblood.ie

Request form	Reference
Blood Sciences [Biochemistry, Haematology]	MPC-LAB-FORM-035
Routine IBTS request form [Blood Transfusion]	BT-0007
IBTS form for DAT and/or antibody investigation	BT-0345

Page 14 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Request form	Reference
Microbiology	LF-MICRO-0054
MPD Histopathology	LF-HIST-0074
MPD Immunology	LF-IMM-0026
MPD General Pathology	LF-GEN-0030
Coombe Women & Infants University Hospital Cytology	RF-CC
Mercy University Hospital Vancomycin and Gentamicin	LF-MIC-78

6.2 Completing the laboratory test request form

Large addressograph labels, preferably bar-coded, may be used for patient identification on the request form apart from for blood transfusion requests for which both forms and samples must be hand-written.

6.2.1 Required request form information

The information below is required and should be documented legibly on the request form. If sufficient detail is not provided, the requester will be contacted for clarification before processing is commenced. Please see section 6.2.3 below for additional requirements for Microbiology and section 6.3 below for additional requirements for Blood Transfusion.

Completion of fields a to g on the form is essential for inpatients. Routine samples (except blood transfusion and histology) may be accepted without an MRN [Hospital Number] from outpatients. Populating all the fields is desirable.

- a. Forename and surname
- b. Hospital number
- c. Date of birth
- d. Sex
- e. Test requested
- f. Location/ contact details of the patient
- g. Requesting clinician
- h. Destination for report
- i. Specimen type
- j. Anatomic site of origin [N.B. for histology, cytology and microbiology]
- k. Clinical information (for example, Blood Transfusion history, relevant antibiotic therapy, fasting status, special timing relating to drug therapy)
- I. Date and time of specimen collection
- m. Signature of sample collector

Page 15 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

n. Priority status- Routine/ Urgent

6.2.2 Tests/ investigations required

Commonly requested tests in biochemistry, blood transfusion, microbiology, immunology, haematology, cytology are listed on the request form and can be requested by ticking the relevant box.

When there is no tick box, please write the test details clearly on the request form.

6.2.3 Additional information

For Microbiology, specimen type and site, clinical details, antibiotic therapy details (including allergies) are required on request form to enable correct processing of the request: without this, minimal or sub-optimal testing may be undertaken.

For histology and cytology, the nature of the specimen, clinical details and the specimen date are required.

6.2.4 Use of specimen bags attached to request forms

Specimens must be attached to the request forms. This is important so that specimen containers and request forms are associated closely during transportation.

6.3 Blood Transfusion test request form completion

As well as populating all the information a – n in section 6.2.1 above, the following additional information must be provided on Blood Transfusion request forms:

- Date and time the type & screen/ cross-match is required
- Clinical condition/ reason for transfusion
- Patient transfusion history (if known): Indicate if the patient was previously transfused or transfused in last 3 months (date and details). Provide details of previous transfusions including the facility and date of transfusion.
- Obstetric history: Indicate if the patient is pregnant or was pregnant in past 3 months/ received Anti-D Immunoglobulin (provide date and details).
- Test and component/ product required: Group and Crossmatch. Group and Antibody Screen / Hold.
- Number and type of component/ product(s) (red cells, plasma, platelets) required, and the date and time they are needed.

Page 16 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

- Special Requirements (if any) e.g. CMV Negative, Irradiated
- A clear indication of whether the tests/ services requested are urgent or routine.

When a blood transfusion request is urgent, the reason for urgency must be stated on the request form (BT0007), the 'Treat as an Emergency' box ticked and signed and the IBTS/ MRTC Laboratory phoned in advance (speed dial number 4444 or 021-480-7400). Please see section 15 below for further details.

6.3.1 Labelling blood transfusion bottles

The use of addressograph labels on Blood Transfusion specimens is not permitted; demographics must be <u>handwritten</u> on both the sample bottle and request form. All of the fields on the blood bottle must be populated legibly: surname, forename, DOB, hospital number [aka MRN], ward/ location, time [of sample collection], date [of sample collection], signature of person who collected the sample from the patient and signature of the person who carried out a second check.

Samples received labelled with an addressograph label will be rejected and a fresh sample requested.

6.4 Type of specimen and anatomical site of origin

The specimen type should be recorded on all request forms.

In Microbiology and Histopathology, the specimen type <u>and</u> the anatomical site of origin must be recorded on the request form to ensure that appropriate tests are performed: this is important in the selection of testing and interpretation of results.

6.5 Clinical information

Clinical details are required on the request forms to record the reason for the test request, to aid result interpretation and to inform the selection of appropriate follow-on tests and analytical methods.

6.6 Identification of priority status (urgent requests)

Requests for urgent processing should be restricted to what is necessary for the immediate clinical management of the patient.

If in doubt, please contact the Laboratory and discuss:

- Which tests are needed
- The target time for test completion/ when results will be available on the Winpath
- Where results and reports are to be directed

Page 17 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Mark the request form clearly as 'URGENT', alert the Laboratory by phone (ext. 3380) and make arrangements for the sample to be transported urgently to the laboratory.

6.6.1 Urgent biopsies

In appropriate circumstances biopsies may be processed rapidly but only after discussion with the Histopathologist in Mater Private Hospital, Dublin (01-885 8136).

6.7 Labelling for danger of infection

All samples must be treated as potentially infectious and universal precautions taken by all staff. The person who collects the sample and completes the request form for the laboratory examination is responsible for ensuring that both the form and the container are labelled to indicate a danger of infection when applicable. A hospital 'Inoculation risk' sticker should be used as described in MPC-PP-IC-069.

MPC-PP-IC-069 Inoculation risk Infections: Procedure for caring for Patients with HIV, Hepatitis B and Hepatitis C infections

6.8 Add-on requests

Users may request additional tests on samples already sent to the Laboratory. These requests will be fulfilled if the Laboratory has sufficient volume remaining and the sample is still suitable for accurate and meaningful results to be generated. If an add-on test is required, please telephone the laboratory on ext. 3411 and the team will advise whether it is possible to add the request. If it is confirmed that the additional request can be fulfilled, please send a completed request form to the Laboratory to confirm the verbal request.

Samples are retained in the laboratory as follows:

Area	Sample retention time (days after receipt)		
Biochemistry	7		
Haematology	7		
Microbiology	3 days after issue of final report		
Molecular	30		

Page 18 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			

6.9 Requests for a repeat sample

Occasionally the requestor is contacted and a repeat specimen requested.

Some common reasons for this are:

- Failure of the initial testing process
- Samples that are incorrectly or not appropriately labelled and/ or if the details on the sample and/ or request form do not match E-Clinic fully
- Samples received were unsuitable for the test(s) requested (e.g. saliva for sputum test, urine for blood tests, sample in incorrect tube) or the sample is too old
- Insufficient sample received for all tests requested. In this case, test(s) for which there is sufficient volume will be performed. If the sample is not easily repeatable (e.g. CSF, fluids), the requesting clinician will be contacted to establish the priority order of testing.
- The need for further investigations
- Concern at authorisation stage over the validity of the results compared to, for example, recent previous results from the same patient
- Antibody investigations for Blood Transfusion

7.0 SAMPLE COLLECTION

7.1 Sample collection and order of draw

The Sarstedt Monovette system is used for drawing blood: supplies include needles, Safety Multifly Set and Monovette bottles.

S-Monovette[®] tubes are sterile tubes of various sizes and with or without anticoagulant or preservative or gel separator. See below for order of draw and for full details, please refer to MPC-FORM-LAB-060.

Colour code (S-Monovette)	Anticoagulant/ preservative	Use
Blood Culture bottles	None	
Clear/ White Serum 7.5 mL	None	Immunology tests Digoxin, Vancomycin, Gentamicin
Green 3.0 mL	Sodium Citrate	PT/INR, APTT, D-Dimer, Fibrinogen N.B. to fill to line
Brown Serum Gel 7.5 mL	None	Renal, Liver, Bone, CRP, CK, magnesium, amylase, LDH, ferritin, NT-proBNP, thyroid function tests

Page 19 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Colour code (S-Monovette)	Anticoagulant/ preservative	Use
		MPD Biochemistry tests Mercy (MUH) Biochemistry tests
Orange 4.9 mL	Lithium Heparin	βHCG, Hs-Troponin I Biochemistry tests referred to MMUH
Pink Large 7.5 mL	EDTA	Type & Screen, Crossmatch, Direct Antiglobulin Test (DAT)
Pink Small 2.7 mL	EDTA	Full Blood Count
Red 2.7 mL	ThromboExact	Platelet count (Pseudothrombocytopenia)
Yellow 2.7 mL	Fluoride EDTA	Glucose
Purple 3.5 mL	Sodium Citrate	ESR N.B. to fill to line

7.2 Samples collected by the patient

Test/ test type	Specimen container	Container available from	Instruction for use
24-hour (timed) urine collection (PLAIN, no preservative)		Laboratory	MPC-WI-LAB-015 24-hour urine collection
24-hour (timed) urine collection (ACIDIFIED, contains 20mL of 5M Hydrochloric acid)		Laboratory	MPC-WI-LAB-015 24-hour urine collection
Random/ spot urine		Stores	MPC-WI-LAB-030 Mid-stream urine collection patient information leaflet

Page 20 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Network Network Mater Private Network Mater P			
Owner, date: Mary Kennedy, 26/09/2024	ner, date: Mary Kennedy, 26/09/2024		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Test/ test type	Specimen container	Container available from	Instruction for use
Faeces sample		Laboratory	MPC-WI-MIC-002 Faeces (stool) sample collection patient information leaflet
Faecal immunochemical test (FIT)	Congress of the Congress of th	Laboratory	MPC-WI-LAB-024 FIT patient information leaflet

The instructions for collection provided by the Laboratory should be given to the patient. These are available on Q-Pulse or from the Laboratory.

MPC-WI-LAB-015 24-hour urine collection patient information leaflet

MPC-WI-MIC-002 Faeces (stool) sample collection patient information leaflet

MPC-WI-LAB-030 Mid-stream urine collection patient information leaflet

MPC-WI-LAB-024 FIT patient information leaflet

7.2.1 24-hour (timed) urine collections

Accurately timed, complete urine collections are essential for the integrity of the test. A 24-hour urine collection must be completed over a full 24 hour period. The following details should be recorded on the container:

- a) Patient's full name
- b) Date of birth
- c) Hospital number [MRN]
- d) Start time and date of collection
- e) Finish time and date of collection

If the container is full before completion of collection, a second container can be used with the same preservative, and both sent to the laboratory at the same time. Label the containers 1 of 2, 2 of 2 etc.

If urine is not collected or accidentally discarded during the collection period, the test should be discontinued and started again.

Page 21 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

The container should be stored in the refrigerator during the collection.

Once the timed collection is complete, the patient (or their representative) can deliver it directly to the laboratory in basement 2 (B2) during laboratory opening hours. Laboratory personnel will check that the required information is complete on the form and collection bottle as they are taking custody of the collection.

7.2.2 Stool sample collection

The following details should be recorded on the container:

- a) Patient's full name
- b) Date of birth
- c) Hospital number (MRN)
- d) Time and date of collection

The stool sample should be returned to the Laboratory within 24 hours of collection and kept refrigerated until returned to the Laboratory. Kits for stool collection containing a sample container, collection paper and instructions for use can be collected from the Laboratory.

MPC-WI-MIC-002 Collection of stool sample

7.2.3 MSU sample collection

The following details should be recorded on the container:

- a) Patient's full name
- b) Date of birth
- c) Hospital number (MRN)
- d) Time and date of collection

The MSU should be sent to the laboratory within 2 hours of collection or stored in the refrigerator and returned within 24 hours.

MPC-WI-LAB-030 Mid-stream urine collection

7.2.4 Urine microscopy and culture

A minimum of 1 mL of urine, preferably MSU, is needed, collected into a sterile container.

For information on other types of collections (clean catch urine, catheter urine, ileal conduiturostomy, cystoscopy), please contact the laboratory.

7.3 Sample quality, haemolysis, icterus, lipaemia

Many tests are subject to interference whether biological or analytical.

Page 22 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

When present, the Laboratory report will reference the more common interfering substances such as haemolysis, icterus (bilirubin interference) and lipaemia. Depending on the degree of interference and the test, some results will not be reportable. Haemolysis occurs when the cell membrane of the red blood cells is compromised. Even slight haemolysis can cause increased serum/ plasma values for tests such as potassium, phosphate, LDH and magnesium.

The following pre-analytical factors may cause haemolysis:

- Tourniquet applied too tightly or left on too long
- Needles with too small diameter
- Needles with too large a diameter for fragile veins
- Aspiration of tissue fluid after puncturing vein
- Transfer of blood into other containers with a syringe
- Shaking the sample instead of gently inverting
- Delayed separation of cells from serum/ plasma >3 hours
- Pulling the plunger of a syringe back too quickly
- Very slow flow into tube

Other factors that can affect sample quality and suitability include:

- Lipaemia and icterus
- Expiry date on tube exceeded: the additives only work if used prior to their expiry date
- Mixing ratios and specimen volumes essential

It is essential that green citrate (coagulation) and purple (ESR) tubes are filled to the line.

Citrate tubes for coagulation tests that are either over- or under-filled are unsuitable. When collecting blood with a Safety Multifly needle and a Coagulation sample is requested and it is the first tube on the order of draw, avoid under-filling due to air in the tubing by first collecting a waste tube and discarding it. Then a second citrate sample is taken and filled to the indicated line on the tube.

 Mixing blood and tube additives. Failure to gently mix, dissolve and distribute anticoagulants and preservatives

Page 23 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			

- Disinfecting the puncture site incorrectly. Disinfection solution used should have air dried completely before the vein is punctured
- If collection from a horizontal catheter is unavoidable, great care should be taken to avoid contaminating the sample with remains of infusion solution
- Incorrect order of draw of samples
- Use of the wrong tube/ anticoagulant. Samples should never be poured from one tube into another tube, even if the tubes have the same anticoagulant.
- Failing to prepare the patient correctly e.g. fasting, collection at the wrong time of day, gestational age.
- Failure to collect timed or mid-stream urine (MSU) specimens correctly.

7.4 Disposal of consumables used during sample collection

It is the responsibility of the person performing the blood collection to ensure that all consumables used during the process, such as needles, butterfly needles and discard tubes, are disposed of correctly, safely and according to local procedures and policies.

Ensure safe disposal of materials used in specimen collection in the nearest sharps bin as described in *MPC-PP-IC-031 Management of sharps*. All materials used in specimen collection should be treated as potentially hazardous.

7.5 Patient identification and consent

The phlebotomist, nurse or doctor collecting the specimen must confirm the patient's identity verbally and must also check the patient's ID wrist band (Note the ID band is for inpatients and all blood transfusion samples). The patient must be informed of the reason for collection of the specimen.

Consent for phlebotomy is implied by the patient's co-operation (for example, presenting for phlebotomy with a doctor's referral request and extending the arm to have their blood taken). However, this gesture does not eliminate the right of the patient to an explanation prior to taking blood. Explicit written consent is required for some tests such as genetics studies. Please contact the Laboratory if unsure.

Please refer to Hospital policy MPC-PP-GEN-078 Guidelines and policy for obtaining informed consent from patients.

7.5.1 Conscious patients

Ask the patient their name and birth date. Note: do not ask 'are you Mr Smith?' Instead do ask "what is your name and date of birth?"

Page 24 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

When an <u>identity [ID] band</u> is required to be worn [inpatients and all blood transfusion samples], positive identification of the patient is made using the identity band to ensure that the correct forename, surname, date of birth and hospital number (MRN) are recorded.

When an <u>ID band is not worn</u> [e.g. outpatients], the patient is identified by a verbal check of their name and DOB, a check of the request form and, when available, the patient's chart.

Patient identification is carried out according to the procedure described in MPC-PP-GEN-111

Patient Identification and use of a Patient Identification band.

If a patient is having a Blood Transfusion sample collected, a patient ID band must be worn. If they are an outpatient, a member of the reception team prints an ID band and attaches it on the patient's wrist. The patient then proceeds to where their blood will be drawn. The person drawing blood carries out the checks as described above and a second person checks the details on the form and blood sample match the patient. Both individuals then confirm the check by signing the blood bottle(s) and request form. Once complete, the ID band is removed and discarded into confidential waste. For Blood Transfusion, the blood bottle and request form are hand-written.

7.5.2 Unconscious/ sedated patients, patients with communication difficulties

At the time of the first interaction with the patient the next of kin/ guardian will be requested to verify the patient's full name and DOB. These details are verified against the entry in the computer database or against the pre-printed request form/ patient's chart. When an identity band is required to be worn positive identification is made using the identity band. If an identity band is not worn the next of kin or guardian will be requested to confirm by confirming the patient's full name and date of birth.

- If a patient is not able to provide positive identification, the treatment, test or procedure must not be done and medication must not be given until the next of kin/ guardian is available to confirm identity (the exception to this is an emergency situation).
- For Blood Transfusion the person taking the sample (phlebotomist/ nurse/ doctor) signs both the specimen and the request form and these are also counter-signed by a second person responsible for checking the form and sample in the presence of the patient.

Page 25 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			

 The Laboratory treats all diagnostic specimens as potentially infectious. Universal precautions must be taken in the collection, packaging and the delivery of specimens to the laboratory.

MPC-PP-IC-069 Inoculation risk Infections: Procedure for caring for Patients with HIV, Hepatitis B and Hepatitis C infections

7.6 Checking patient preparation

The appropriate preparation of the patient for the requested test and the correct specimen collection is the responsibility of the individual(s) requesting/ collecting the specimen. If in doubt, please contact the laboratory for advice.

The person drawing the sample confirms with the patient that they meet any preexamination requirements such as fasting status, medication status, dietary restrictions.

Please note that 12 hours fasting is required for fasting bloods (for example for lipid profile, glucose).

7.7 Checking that the container/ bottle is labelled correctly

Having positively identified the patient, the person collecting the specimen (phlebotomist/nurse/ doctor) must label the container correctly and completely with the patient's details, including their unique hospital number (MRN). It must be ensured that there can be no confusion about the identity of the patient or their specimen. Please refer to MPC-PP-GEN-124 Policy on the Management of Specimens in all Departments in the Mater Private Cork.

This is the first step in positive specimen identification. The identification data affixed to/written on the specimen and container at source remains with that specimen throughout analysis.

7.8 Ensuring that the sample is collected correctly

Please ensure blood is collected into the appropriate tube, in the correct order (according to the order of draw sequence in section 7 above) with the correct anticoagulant (if any) and that the container is filled to the line to ensure the correct anticoagulant to blood mix ratio. If a required test is not listed in this user manual or associated reference documents, please contact the laboratory: some less commonly requested tests require special collection and handling procedures.

Page 26 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		

For details of tests referred to external laboratories, please see MPC-FORM-LAB-012 Referral test index

7.9 Sample collection at 37 degrees Celsius

Some tests need to be collected and maintained at 37°C including Cryoglobulins and Cold Agglutinin Syndrome investigations. For these tests, please contact the laboratory the day before the samples are collected. The laboratory will provide a flask at 37°C for transport of the samples. For more information, please refer to MPC-WI-LAB-026 Requests for Cryoglobulins

7.10 Sample and specimen labelling

The criteria for acceptance, described below, are adhered to in the interest of patient safety. Failure to provide the required data shall lead to rejection of the request.

7.10.1 Labelling the specimen container/ sample bottle

Labelling **must** be carried out at the patient's side directly <u>after</u> phlebotomy.

All samples from inpatients and those with a wrist ID band must be labelled with a minimum of three identifiers on the bottle/ container. Request forms and samples from other patients must be labelled with a minimum of two identifiers. Three identifiers must be recorded for Blood Transfusion without exception.

Always use collection tubes, swabs and other supplies that are in date: blood taken into expired collection tubes will be unsuitable for analysis. Bottles must not be pre-labelled.

The following identifiers must be on the container:

- a) Patient's forename and surname
- b) Inpatient's hospital number (MRN)
- c) Date of Birth
- d) Destination for report
- e) Date and time of sample collection
- f) Identity of person who collected the sample
- g) Identity of person who checked [for Blood Transfusion]

a, b and c are essential requirements.

a, b, c, d, e, f and g are essential requirements for Blood Transfusion.

Page 27 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		

All specimens for Blood Transfusion testing must be hand written. Specimens for other laboratories can be labelled with small addressograph labels. Where no addressograph labels are available clear handwritten labelling is accepted.

When placing sample into specimen carrier bag, ensure that details on specimen correspond to details on form.

7.10.2 Category A Pathogens [Risk Group 4]

The laboratory is not suitably equipped and does not provide a diagnostic service for category A pathogens. If a category A pathogen is discovered incidentally, the Department of Public Health must be notified immediately and this will be done by MPC Health and Safety Manager or Infection Control team. Please contact the Infection Control team to discuss and see 17.8.1 below.

Other high risk samples

All samples from patients with suspected TB must be clearly labelled as 'Suspected TB'. Please telephone the Laboratory before sending. This will help to minimise the exposure to the laboratory staff and allow samples to be handled safely. See also section 6.7 above.

8.0 STORAGE AND TRANSPORT OF SAMPLES

8.1 Pre-analytical storage

To maintain their quality and suitability, please ensure that all samples are transported to the Laboratory in a timely manner. Collect samples requiring immediate handling between 08:00 and 17:00 Monday to Friday only.

• Storage at room temperature

The following <u>must not</u> be stored in a fridge: routine biochemistry, coagulation, blood cultures, CSF samples, surgical specimens, cervical cytology (smears), specimens in formalin.

• 24-hour urine containers should be returned to the Laboratory in the urine collection bags given to patients when the empty collection containers are provided. The container should be put into laboratory fridge 5 if delivered outside of laboratory working hours.

Page 28 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		

- Coagulation samples must be sent to the laboratory as soon as possible after collection as they are stable for only 4 hours.
- Samples collected for patients on Heparin are only valid for <u>2 hours</u> from the time of collection.

Histology specimens

Put the histology specimen(s) pots into a biohazard bag immediately after collection and checking, ensuring that the pot is closed and sealed properly and that the patient's details on the pot are correct and complete. The specimen(s) should be placed in the sealable pocket of the bag and this should then be closed properly. The request form should be placed in the open compartment so that in the event of leakage the request form is not contaminated and the leakage is contained.

Place the histology specimens into a larger rigid plastic box upright in the rack provided for transportation to the laboratory.

Histology specimens in 10% buffered formalin (see hazards below) should be stored at room temperature. Do not refrigerate.

Storage outside of working hours

- Routine cytology samples should be placed in Laboratory fridge number 5 outside of laboratory working hours.
- Smear samples/ cervical cytology should be stored at room temperature. Do not refrigerate.
- Microbiology samples taken outside of routine laboratory hours should be taken to the Laboratory and stored in Fridge 5 in the designated tray for processing or referral the following day. The log sheet (MPC-FORM-LAB-054) on the door of the fridge should be completed and signed.
- Blood cultures must be received in the Mercy University Hospital within four hours of being taken and should always be stored at room temperature. Do not refrigerate.

If in doubt, please contact the Laboratory (ext. 3411) for specific information on specimens and collection conditions for particular tests. Further information is available on MPC-PP-GEN-124 Policy on the Management of Specimens in all departments in the Mater Private Cork

Page 29 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002 Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

8.2 Sample transport

It is essential that samples are transported safely to ensure safe custody and maintain integrity and suitability.

Correct arrangements ensure that:

- Transport is within a timeframe appropriate to the nature of the requested examinations.
- Transport is within a temperature interval specified for sample collection and handling to ensure the integrity of the samples.
- The safety of staff transporting specimens, the safety of other staff, patients and members of the public is maintained.
- The Pneumatic Transport System (PTS), if appropriate for the sample type, is the preferred method of delivery of samples to the laboratory.

Use of plastic bags for samples and forms

Most samples are able to be transported to the Laboratory in the plastic biohazard bag pouch with the request form in the bag sleeve. Transport bags are single use.

This system has the following benefits:

- Limits unnecessary hand contact with specimen containers
- It is easier to identify a leaking container among a batch. Please note that sample containers that are contaminated on the outside must not be sent to the laboratory.
- Helps to prevent a leaking container from contaminating other containers, request forms, the hands of the person sorting a batch and the immediate environment. Some specimens are sent to outside laboratories as described in MPC-FORM-LAB-012 Referral test index.

Blood cultures, histology specimens, or venous/ arterial blood gas syringes must <u>NEVER</u> be sent via the pneumatic tube system. No specimens should be sent via the tube/ chute system out of hours.

Please contact the Laboratory (ext. 3411) and let us know to expect urgent requests.

Some samples require special handling such as protection from light, immediate freezing, transport within a defined temperature interval, within a time frame appropriate to the nature of the examination.

Page 30 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

If in doubt about the container required or the special requirements please refer to the Referral test index MPC-FORM-LAB-012 or contact the Laboratory for advice.

8.3 Sample transport using taxis and couriers

Routine couriers are arranged via the main Hospital reception team.

If the usual taxi company cannot fulfil an urgent need, there are contingency arrangements for use of Blood Bike South (for example, if the cars used by the taxi company cannot reach the destination because of congestion, accident, marathon). Blood Bike South can be contacted on 087 719 0369 or via email CONTACT@BLOODBIKESOUTH.IE

8.4 Model rules for sample transport

- Secure transport carriers must be used, such as boxes or deep-sided trays. They must not be over-filled.
- The transport boxes or trays must not be used for any purpose other than carrying specimens.
- The boxes or trays must be made of a smooth impervious material such as plastic or metal which can be easily disinfected and cleaned and that will retain liquid if there is leakage.
- The boxes or trays must be disinfected and cleaned each week and whenever contaminated by the department using them.
- Cover any cuts or grazes on your hands with a waterproof dressing.
- If you drop and break a specimen, follow the local procedure for cleaning it up using the spill kit for your area. If you have not been trained in use of the spill kit, seek help from someone senior. Report the accident to your supervisor as soon as possible.

8.5 Hazards of formalin

If there is a spillage of formalin, a trained and competent person can use the formalin spill kit in Theatres to clear it up and then log the incident on the Flex Manager system for follow-up.

Table: Dangers of 10% formalin

4D ANICED*	Acute toxicity	Serious long-term health hazard	Corrosion
DANGER			
formalin			

Page 31 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private P			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

10% formalin first-aid measures

In case of skin contact: Take off immediately all contaminated clothing. Rinse skin with water/ shower. Consult a doctor.

After eye contact: rinse out with plenty of water. Remove contact lenses. Consult a doctor or ophthalmologist.

After inhalation: fresh air. Immediately call in doctor. If breathing stops: immediately apply artificial respiration, if necessary also oxygen.

After swallowing: immediately drink water (two glasses at most). Consult a doctor.

9.0 ACCEPTANCE REQUIREMENTS

9.1 Acceptance criteria

Specimen bottles/ pots and request forms must be labelled and populated as described above in section 6. See below for rejection of specimens that do not meet the required criteria.

9.2 Reasons for rejection

Specimens will be rejected for, but not limited to, the reasons listed below and, to safeguard patient safety, will not be processed. Rejected requests will be recorded on the patient's record on the Laboratory IT system [LIMS] and a report will be dispatched to the requester. The clinical area and senior nursing team will be informed and a repeat specimen will be requested by telephone.

If a Wrong Blood in Tube (WBIT) is suspected, the Assistant/ Director of Nursing (A/ DON) will be notified and all samples associated with a WBIT query will rejected.

Common reasons for rejection:

- Sample received unlabelled
- Sample incorrectly labelled
- Sample and form do not contain essential identifiers
- Sample and form do not contain the same essential identifiers
- Sample has leaked extensively
- Incorrect type of sample
- Incorrect volume of sample
- Gross haemolysis
- Sample too old for analysis

Page 32 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

- Blood Transfusion samples will be rejected if there is not an exact match between the essential identifiers on the form and bottle
- Blood Transfusion requests with addressograph labels on the sample blood bottle will be rejected
- Blood Transfusion samples (and forms) must have the signature of the person who took the specimen and a second co-signer/ checker and will not be accepted without both.

9.3 Exceptions

In exceptional circumstances, when a request would under usual circumstances be rejected, if the sample is clinically critical or irreplaceable (for example, surgical specimens/ biopsies, CSF, pus from an abscess excised in theatre or other specimens apart from blood), senior Laboratory staff together the clinician may agree to proceed with processing the request.

In these cases the following procedure will apply:

- The requesting clinician will be contacted and invited to come to the Laboratory and identify and label the specimen and request form to resolve any discrepancies.
- The clinician/ requester will also complete MPC-FORM-LAB-062 Non-Compliance Disclaimer Form. These retrospective amendments are recorded on the patient's record on the LIMS in detail as well as who amended the record and that caution is required when interpreting the result.
- This form is filed in the Laboratory and associated with the laboratory non-conformance.
 A copy of MPC-FORM-LAB-062 and the specimen request form associated with the non-conformance are scanned and uploaded as an attachment on Q-Pulse.

If the demographics cannot be confirmed, the specimen is rejected and is booked on to LIMS and a report is issued stating that specimen could not be identified.

9.4 Laboratory receipt procedure

Date and time of receipt in the laboratory are recorded on the request form. Specimens are labelled with a unique laboratory accession number and then recorded in the LIMS linking the unique laboratory accession number to the patient's details provided on the request form.

Page 33 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Net			

Trained Laboratory personnel evaluate the specimens to ensure that they meet the relevant acceptance criteria.

If separation of the primary sample into a secondary container is required, all portions of the primary sample are unequivocally traceable to the primary sample. This is achieved by ensuring all sample containers are labelled with the patient's unique laboratory accession number, name, DOB and, when applicable, MRN.

10.0 REPORTS

We strive to ensure that testing is carried out in compliance with our quality standards and reported in the specified timeframe.

Whilst we do telephone critical and some other results (see section 10.3 below), it is the responsibility of the requestor to follow up on the results of tests they have requested. Results are available electronically using Winpath Ward Enquiry (to which access is available from the IT department) and hard copy reports are issued on the day of test completion.

10.1 Paper reports

Laboratory reports are printed on yellow paper. Reports for patients on Wards 1, 2 and 3 are sent via the Pneumatic Tube System (PTS) directly to the wards twice daily (Monday – Friday). All other reports are collected by Medical Records and distributed to Consultant's secretaries daily.

10.2 Winpath Ward Enquiry

In general, results once authorised are available electronically on the ward PC's. These results are accessed via Winpath Ward Enquiry.

10.3 Telephoned reports

We will telephone results when these conditions apply:

- There is a note on the request form requesting results to be telephoned
- The results fall within alert or critical intervals
- The result deviates significantly from previous results
- Urgent action by clinical staff is required
- To notify the requester that testing will be delayed, and where the delay may compromise patient care

Page 34 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network Mater Private Network Network Mater Private Network			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

A record of all telephoned results is added to the laboratory IT system. The record includes the date and time of phoned report, staff member notified and results conveyed. Any difficulty in notifying staff of results by telephone is recorded. All telephoned reports are followed by a hard copy report.

Please note:

We do not give Blood Group results over the telephone.

We do not give results directly to patients.

10.4 Emailed reports

Results can be emailed using secure e-mail. If a report is requested from an external source, hospital form MPC-FORM-GEN-094 Consent for request/ release of medical records to/from another medical facility/Consultant or Physician must be completed before the report will be sent. This form is available on Q-Pulse and is emailed to the requestor. Results cannot be released until this form has been completed and returned.

Unless they are known, the identity of the caller will also be confirmed by independently establishing the correct telephone number for that practice/ source and by calling that number back.

Please note that reports are never emailed to personal accounts such as Gmail or Hotmail.

The recipient's email will be confirmed as secure before results are sent. Secure emails are available for Mater Private Dublin, HSE addresses (@HSE.ie), Eurofins (@eurofinsbiomnis.ie) and Mercy Hospital (@muh.ie). Hospital IT is contacted for advice if there is any doubt about the safety of emailing patient information to a given email address.

10.5 Supplementary reports

Where additional information comes to light following an initial report having been sent out, a supplementary report is issued to the requestor. Supplementary reports are issued for Blood Transfusion for Weak D testing or extended phenotyping.

10.6 Amended reports

Where it is discovered that an issued report or test available to view is incorrect or contains false or incomplete information, a revised or amended report is issued and the requestor/

Page 35 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Net			

clinical area informed. The revised report shows the detail of the amendment, the time and date of the change and the name of the person responsible for the amendment.

The original hard copy report in the patient's chart is marked as incorrect and the amended report describes that it is, and how it is, different from the original. The amended report is affixed to the original in the patient's chart.

Both the original and amended/ corrected information are retained in the audit trail on Winpath [the laboratory IT system] so that there is a complete audit trail of the change, who made it and when.

Amended reports are recorded as non-conformances and investigated so that corrective and preventive actions are defined, transparent and acted upon.

10.7 Copy reports

There is a facility to print copy reports to additional clinicians/ locations. Such requests may occur at registration on receipt in the laboratory or additional reports may be requested after report authorisation and release of primary report. All additional reports issued after the primary report are stamped as copies.

10.8 Delayed reporting

When a delay in release of results may compromise patient care, the delay is communicated to the requestor/ clinical area. This is done by telephoning and recording the call on the Laboratory IT telephone log for the patient concerned.

Where the issue affects a number of clinical areas/ patients, a mass communication is sent to users and a non-conformance is recorded on Q-Pulse.

10.9 Measurement uncertainty

All laboratory tests and investigations have some uncertainty in the measurement system. Please take this into consideration when interpreting results.

Contributions to uncertainty derive from both <u>pre-analytical</u> factors (for example: sampling, sample preparation, portion selection, transit time, time between collection and analysis) as well as the measurement/ <u>analytical</u> system (for example: calibrators, reference materials, volume, equipment, environment, specimen condition and operator skill).

For further information on performance specifications or indicators of uncertainty of measurement for particular tests, please contact the Laboratory.

Page 36 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

10.10 Reference ranges

Reference ranges are reported with test results, when applicable. Quantitative results outside the reference range appear in bold print with ${\bf H}$ for High or ${\bf L}$ for Low beside the result.

Reference ranges are derived from the assay kit manufacturer or by reference to national or international clinical guidelines. When appropriate for the test, these reference ranges are age- and/ or sex-related.

Changes to reference ranges (for example, because of a change in the technology in use) are notified to users prior to implementation and for at least three months after on the laboratory report.

Please contact the Laboratory for further information on reference ranges.

10.11 Accredited and unaccredited test reporting

Where possible, tests are referred to laboratories accredited to the ISO15189 standard.

In Blood Transfusion, a Winpath comment is added to referral reports to indicate testing was performed in a referral laboratory that is not INAB-accredited.

10.12 Reports on results from referral laboratories

Reports from external referral Laboratories are either printed (for example, from cdxconnect.eurofins.com or Healthlink) or received as a hard copy by post or [from IBTS] fax in the Laboratory.

Where safe to do so, these results are manually entered into Winpath and the original hard copy report is sent to the consultant. Results from complex testing such as genetics studies are not transcribed into Winpath to avoid error: they are recorded in Winpath as having been received and the referral laboratory report is sent to the requestor and a copy kept in the Laboratory.

When Mater Private Dublin (MPD) is the referral site, results are entered directly into Winpath by MPD personnel.

10.13 Turnaround times

The laboratory turnaround time is the time from receipt in the laboratory to the time the results are available to users. The current target is to report at least 80% of results within the assigned turnaround time. We monitor our performance regularly and report on it monthly to the Hospital's governance and risk team.

Page 37 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Urgent results may be available sooner (depending on the test) and requests for fast-tracking must be accompanied by a phone call (ext. 3411) to enable us to prioritise these samples.

If the published turnaround times may be exceeded, for example because of equipment planned maintenance or fault, users are notified.

Microbiology published turnaround times are for routine specimens. In some cases, the turnaround time may be extended if the cultures are complicated, additional testing is needed and/ or external referral is required. Please contact us if there are queries about a particular sample.

Turnaround times for each test are listed in the appendix.

10.14 Critical results and alert limits

Results are critical when the patient may require rapid clinical attention to avert significant morbidity or mortality. The senior nurse in each hospital department (and on occasion the RMO/ consultant responsible for the patient care) is notified within a maximum of 30 minutes of result availability in the Laboratory.

If the Medical Scientist is unable to make contact with the senior nurse in the clinical area, they will contact the hospital ADON or DON and they will inform the relevant ward.

<u>Please note:</u> When a critical result is generated from a point-of-care device, the responsibility lies with the person who performed the test to notify the RMO/ Consultant/ Nurse overseeing the care of the patient.

For further information, please refer to Laboratory document MPC-PP-LAB-003 Reporting of Results and Hospital document MPC-PP-NUR-082 Critical Test Policy

10.14.1 Biochemistry critical results

TEST	LESS THAN VALUE	GREATER THAN VALUE
Sodium	< 120 mmol/L ¹	> 150 mmol/L ¹
Potassium	< 2.5 mmol/L ¹	> 6.5 mmol/L ¹
Chloride	< 75 mmol/L ²	> 125 mmol/L ²
Urea	N/A	> 30 mmol/L ¹
Creatinine	N/A	> 354 µmol/L¹ and/ or a delta

Page 38 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				

TEST	LESS THAN VALUE	GREATER THAN VALUE
		check >100 µmol/L
Alanine Aminotransferase (ALT)	N/A	> 825 U/L (15*ULN¹)
Aspartate Aminotransferase (AST)	N/A	> 800 U/L
Bilirubin	N/A	> 257 µmol/L ²
Inorganic Phosphate	< 0.3 mmol/L ¹	> 2.9 mmol/L ²
Magnesium	< 0.4 mmol/L ¹	> 2.5 mmol/L
C-Reactive Protein (CRP)		> 300 mg/L ¹
Creatine Kinase (CK)	N/A	> 5000 U/L unless MI ¹
Glucose	< 2.5 mmol/L ¹	> 25 mmol/L ¹
Amylase	N/A	> 485 U/L (5*ULN ¹)
Calcium	$< 1.8 \text{ mmol/L}^1$	> 3.5 mmol/L ¹
Beta HCG (βHCG)		> 5 U/L
HS-Troponin I	N/A	> 50 ng/L Post PCI Troponins are not telephoned
Free T4	N/A	> 40 pmol/L
Gentamicin	N/A	> 2 mg/L

¹The Royal College of Pathologists: Communication of critical unexpected pathology results MPC-EX-BIO-0010

10.14.2 Point-of-care testing critical results

TEST	LESS THAN VALUE	GREATER THAN VALUE
	ARTERIAL BLOOD GAS	SES
pH Carbon Dioxide (pCO2)	< 7.2 ¹ < 2.5 kPa ²	> 7.6 ² > 8.9 kPa ²

Page 39 of 103 Print date: 27/09/2024

² Critical Limits of Laboratory Results for Urgent Clinician notification. eJIFCC vol 14 no 1: http://www.ifcc.org/ ejifcc/vol14no1/140103200303n.htm. MPC-EX-BIO-0009

³ Mater Misericordiae University Hospital (MMUH) Policy on blood gas analysis LP-POC-001 ⁴Health Service Executive: Communication of Critical Results for Patients in the Community MPC-EX-LAB-033

⁵Approved by Consultant Clinical Biochemist

⁶Determined by Consultant Clinical Biochemist and Consultant Cardiologist

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024	ewer, date : Mary Kennedy, 26/09/2024			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

TEST	LESS THAN VALUE	GREATER THAN VALUE			
Oxygen _{(P} O2)	< 5.7 kPa ²	N/A			
Lactate	N/A	> 4.0 mmol/L ¹			
Total Haemoglobin concentration (ctHb)	<8 g/dL Phoned on all occurrences	>18.0 g/dL Phoned on all occurrences			
Calcium [ionised calcium](cCa ⁺)	< 0.8 mmol/L ⁵	> 1.6 mmol/L ⁵			
Sodium concentration (cNa ⁺)	< 120 mmol/L ¹	> 150 mmol/L ⁴			
Potassium concentration (cK ⁺)	< 2.8 mmol/L ³	> 5.8 mmol/L ³			
	Glucose meter				
Glucose	< 2.5 ¹ mmol/L	> 25.0 ¹ mmol/L			
	Ketone meter				
Ketones	Ketones 0.6 - 1.5 mmol/L and blood glucose is > 16.7 mmol/L				
	Hemocue				
Haemoglobin N.B. Confirm abnormal haemoglobin results with a lab FBC	<pre> < 8 g/dL</pre>				
	Hemochron				
Activated Clotting Time (ACT) Activated Clotting Time (ACT) Activated Clotting Time (by the person performing the test and are under the direct supervision of the consultant. The heparin dosage is adjusted accordingly.					
Clinitek Urinalysis					
Beta HCG	-	>5.0 IU/L			

Page 40 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT			
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

¹The Royal College of Pathologists-Communication of critical unexpected pathology results. MPC-EX-BIO-0010

10.14.3 Haematology critical results

Test	Lower Limit	Upper Limit	Comments
INR	-	> 1.5	Coagulation: <u>Not</u> on anticoagulant
INR		>4.5	Coagulation: Patient <u>ON</u> anticoagulant
APTT	-	> 45 secs	Coagulation: <u>Not</u> on anticoagulant
APTT	-	>120 secs	Coagulation: Patient <u>ON</u> anticoagulant
Fibrinogen	< 1.5 g/L	-	
D Dimer		> 1.0 mg/L	
Haemoglobin	< 8.0 g/dL	> 18.0 g/dL	Phoned on <u>ALL</u> occurrences
Platelets	< 100 x10^9/L	> 800 x 10^9/L	
Neutrophils	< 1.0 x10^9/L	-	Phoned on <u>ALL</u> occurrences
WBC	< 3 x10^9/L	> 25 x10^9/L	First time presentation. In the event of a substantial, clinically significant change in WCC of rapid onset, inform clinical team.
Malaria	-	-	All Malaria requests are phoned to the consultant microbiologist <u>PRIOR</u> to the sample being taken
Other	-	-	All blood film reports from Haematology Consultant are emailed to requesting clinician

Please note that the above critical values have been assigned by the Consultant Haematologist.

Page 41 of 103 Print date: 27/09/2024

²Critical Limits of Laboratory Results for Urgent Clinician notification. eJIFCC vol 14 no 1: http://www.ifcc.org/ejifcc/vol14no1/140103200303n.htm. MPC-EX-BIO-0009

³Mater Misericordiae University Hospital (MMUH) Policy on blood gas analysis LP-POC-001

⁴Health Service Executive: Communication of Critical Results for Patients in the Community MPC-EX-LAB-033

⁵Approved by Consultant Clinical Biochemist

⁶Determined by Consultant Clinical Biochemist and Consultant Cardiologist

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	26/09/2024			
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision: 4.1				
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				

10.14.4 Blood Transfusion critical results

The IBTS informs the user of any blood transfusion special requirements via the hardcopy report sent to the laboratory and to the requesting consultant. This can include, but is not limited to, the following:

- The results are abnormal or unexpected
- The result deviates significantly from previous results
- Group discordance
- Positive DCT (not related to prophylactic Anti-D administration)
- The presence of a rare clinically significant irregular antibody

When the presence of an antibody is identified at the IBTS, the MPC Medical Scientist reporting the results onto the LIMS will also email the relevant consultant with the report.

10.14.5 Microbiology critical results

Critical results are phoned directly to the relevant senior nurse (and on occasion also to the RMO/ Consultant).

Test	Critical result	Phoned by	Phoned to
Blood culture	All positive blood culture gram stain results	Medical Scientist/ Consultant Microbiologist, MUH	Registered Nurse/ RMO/Consultant MPC
Joint Fluid	All positive joint fluid/tissue gram stain & culture results	Medical Scientist, MPD	Consultant Microbiologist MPC
CSF	All positive CSF gram stain results	Scientist/Consultant Microbiologist, MUH	Registered Nurse/ RMO/Consultant MPC

10.14.6 Histology critical results (MPD)

Critical results are telephoned by the Consultant Pathologist, when appropriate, directly to the requesting clinician. Pathologists immediately notify clinicians when examination results for urgent samples/ frozen sections are available.

Critical results include:

- Unexpected malignancy
- Fat in endometrial curetting
- Fat in GI biopsy

Page 42 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network				
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

- Life threatening infection
- Cardiac biopsies if rejection grade is >1R
- Acid fast bacilli
- Amended reports

10.14.7 External laboratory critical results

The critical alert values for samples processed in MPD are in the User Handbook: https://www.materprivate.ie/our-services/medical-scans-tests/pathology-laboratories

The critical alert values for the Mercy Hospital (MUH) are in document *MPC-EX-LAB-018 Mercy Critical Results* on Q-Pulse. Critical results generated out-of-hours following analysis at MUH, are telephoned by MUH personnel directly to the requesting clinician/ ward.

Other out of hours results from MUH are available on Healthlink (access to which is provided by Hospital IT). If the results are not available on Healthlink, the Medical Scientist in MUH will communicate the results verbally or via email to the requesting clinician/ ward.

The IBTS and other referral laboratories will communicate critical results directly to the requesting clinician or to the Laboratory for onward communication to the requestor.

11.0 BIOCHEMISTRY

11.1 In-house test repertoire

Please note that all serum samples (brown or white cap) must be left for 30 minutes after collection to allow the blood to clot before centrifugation. All other tubes containing additives should be inverted gently 5-6 times after sample collection to ensure mixing.

Test A-Z (common abbreviation)	Sample type	TAT	Adult reference range	Precautions ¹
Alanine Aminotransferase (ALT)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	0 - 50 IU/L	
Albumin	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	35 - 50 g/L	
Alkaline Phosphatase (ALP)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	30 - 130 IU/L	
Amylase	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	28 - 100 IU/L	Affected by haemolysis
Aspartate Aminotransferase (AST)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	11 - 34 U/L	Affected by haemolysis

Page 43 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Test A-Z (common abbreviation)	Sample type	TAT	Adult reference range	Precautions ¹
Total Bilirubin	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	5 - 24 μmol/L	Affected by haemolysis
NT-proBNP	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	<125 ng/L	
Calcium	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	2.18 - 2.60 mmol/L	
Chloride	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	95 - 108 mmol/L	Affected by haemolysis
C-Reactive Protein (CRP)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	0 - 5.0 mg/L	
Creatine Kinase (CK)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	F: 33 - 208 IU/L M: 44 - 272 IU/L	
Creatinine	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	Up to 40y F: 44 - 88 μmol/L M: 53 - 106 μmol/L Up to 60y F: 44 - 97 μmol/L M: 53 - 115 μmol/L > or = 60y F: 44 - 106 μmol/L M: 62 - 115 μmol/L	
Ferritin	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	F: 4.6 - 204 ng/mL M: 21.8 - 275 ng/mL	Affected by haemolysis
Gamma Glutamyl Transferase (GGT)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	F: 0 - 38 IU/L M: 0 - 55 IU/L	Affected by haemolysis
Gentamicin ³	Serum (no gel) 7.5 mL	Routine:2 hours Urgent:70 min	Please refer to www.nchd.ie	Fill out antibiotic request form fully incl. time of sample, dose and time of last dose. MUH service: 4h TAT Mon-Fri 18:00- 21:00. W/ends, bank hol: 9am -6pm
Glucose	Fluoride EDTA 2.7 mL	Routine:2 hours Urgent:70 min	3.7 - 6.0 mmol/L	
Beta HCG (βHCG)	Lithium Heparin 4.9 mL	Routine:2 hours Urgent:70 min	< 5 IU/L	
Lactate Dehydrogenase (LDH)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	125 – 220 IU/L	Affected by haemolysis
Magnesium	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	0.70 - 1.0 mmol/L	Affected by haemolysis

Page 44 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Test A-Z (common abbreviation)	Sample type	TAT	Adult reference range	Precautions ¹
Inorganic Phosphate	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	0.74 - 1.52 mmol/L	Affected by haemolysis
Potassium ²	Serum-Gel ² 7.5 mL	Routine:2 hours Urgent:70 min	3.5 - 5.3 mmol/L	Affected by haemolysis
Sodium	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	133 - 146 mmol/L	
Thyroid Stimulating Hormone (TSH)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	0.35 - 4.94 mIU/L	
Free thyroxine (Free T4, FT4)	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	9.0 - 19.1 pmol/L	
Total Protein	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	64 - 83 g/L	Affected by haemolysis
HS-Troponin I	Lithium Heparin 4.9 mL	Routine:2 hours Urgent:70 min	F: <16 ng/ L M: < 34 ng/L	MPC-FORM-LAB- 122 Clinical Guideline hs-cTnI algorithm
Urea	Serum-Gel 7.5 mL	Routine:2 hours Urgent:70 min	2.1 - 7.1 mmol/L	
Vancomycin ³	Serum (no gel) 7.5 mL	Routine:2 hours Urgent:70 min	Please refer to www.nchd.ie	Fill out antibiotic request form fully incl. time of sample, dose and time of last dose. MUH service: 4h TAT Mon- Fri 18:00- 21:00. W/ends, bank hol: 9am -6pm

Notes:

- 1. All analytes should be tested as soon as possible after sample collection as *in vitro* stability varies. If immediate testing is not possible in the Laboratory, the sample will be centrifuged and stored until analysis is carried out. Please allow serum samples to clot for 30 mins before being sent to lab.
- 2. Please note in cases of suspected pseudohyperkalaemia, a Lithium Heparin tube is recommended for potassium analysis, sent alongside a paired serum sample collected at the same time for comparison.

Page 45 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024			
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			

3. Please refer to www.nchd.ie for guidance on antimicrobial dose adjustments and monitoring. Outside of routine Laboratory hours Gentamicin and Vancomycin testing is carried out at Microbiology MUH and results are returned electronically through Healthlink. The MUH antibiotic assay request form (LF-MIC-78) should be used for all these Gentamicin and Vancomycin requests. It is very important that this antibiotic request form is populated fully, with time of specimen, dose given and time of last dose. Pre-dose/ trough samples are most useful guide for monitoring antibiotic therapy and specimens that are not trough may be rejected.

Blood gases

Arterial blood gases/ venous blood gases (ABG, VBG)

Use the safePICO blood gas heparinised syringe for all blood gas samples.

TAT: 30 minutes

Ensure there are no air bubbles and analyse immediately after collection (up to a maximum 30 minutes but ideally within 5 - 10 mins of collection). See also section 11.8 below.

Test (common abbreviation)	Adult reference range ARTERIAL
рН	7.35 - 7.45
Carbon Dioxide (pCO₂)	4.5 – 6.0 kPa
Oxygen (pO ₂)	11.0 - 14.5 kPa
Oxygen Saturation (sO ₂)	95 - 98% (85 - 90% if venous)
Base Excess Cbase(Ecf) _c	-2.3 to +2.3 mmol/L
Bicarbonate (cHCO ₃)	22.4 - 25.8 mmol/L
Total Haemoglobin Concentration (ctHb)	F: 11.5-16.5 g/dL M:13.0-18.0 g/dL
Fraction of Oxyhaemoglobin in Total Haemoglobin (FO2Hb)	94 - 98%
Fraction of Carboxyhaemoglobin in Total Haemoglobin (FCOHb)	<1.5%
Fraction of Methaemoglobin in Total Haemoglobin (FMetHb)	0.4 - 1.5%
Sodium Ion Concentration	133 - 145 mmol/L

Page 46 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Test (common abbreviation)	Adult reference range ARTERIAL
(cNA ⁺)	
Potassium Ion Concentration (cK ⁺)	3.6 - 5.0 mmol/L
Chloride Ion Concentration (cCL ⁻)	95 – 105 mmol/L
Calcium Ion Concentration (cCa ²⁺)	1.10 - 1.28 mmol/L
D-Glucose Concentration (cGlu)	3.5 - 6.0 mmol/L
L(+)-Lactate Concentration cLac	0.5 - 2.0 mmol/L

11.2 Biochemistry profiles

The test profiles defined below are available.

Profile	Tests included in profile
Renal	Sodium, Potassium, Chloride, Urea, Creatinine
Liver	Total Protein, Albumin, Total Bilirubin, Alkaline Phosphatase, γ-GT, ALT, AST
Bone	Calcium, Inorganic Phosphate, Alkaline Phosphatase, Albumin
Thyroid Function Tests (TFTs)	TSH, Free T4

11.3 Biochemistry tests tested in Mater Private Dublin (MPD)

Please refer to the MPD's Laboratory User Handbook for the most up to date sample requirements, turnaround times, reference ranges and critical values.

https://www.materprivate.ie/our-services/medical-scans-tests/pathology-laboratories

11.4 Sample volume

It is preferable that blood tubes, especially those containing preservative, are filled to the line. This reduces the risk of insufficiency or of interference from a preservative. Every effort will be made to try to maximize the use of any sample: however, when a sample bottle is less than half full, please indicate the tests that are of greatest importance.

Page 47 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

11.5 Processing and testing fluids

Please send fluids in a sterile universal container. When measurement of pH and glucose is required, transfer some fluid into a heparinised blood gas syringe and sent to the laboratory immediately for analysis.

All samples from patients with suspected TB [or any other high risk organism] must be clearly labelled as *Suspected TB* or *High Risk*. Please telephone the Laboratory before sending. This will help to minimise the exposure of the laboratory staff and allow samples to be handled safely. See also section 6.7 above.

Fluid	Laboratory	Analytes
Cerebrospinal Fluid		CSF Glucose, CSF Protein. Send a
(CSF)	Mercy University Hospital	blood glucose fluoride sample at the
(CSI)		same time.
		Amylase, Total Protein, LDH and
		Albumin: sterile universal container.
		Send a serum sample for total protein
		at the same time.
Pleural Fluid ¹	Mater Private Cork	
		For pH and Glucose: as soon as fluid is
		collected, take a sample into a
		heparinised blood gas syringe and
		expel all air.
Pleural Fluid ¹	Mater Private Dublin	Cytology
Pleural Fluid ¹	Mater Private Dublin	Gram Stain, Cell count, Culture &
Tieurai Tiulu	Mater Frivate Dubiiii	Sensitivity

¹ Please see MPC-WI-LAB-002 Processing Pleural Fluids

11.6 Sample rejection in biochemistry

Reasons for rejection include:

- Unlabelled or incorrectly labelled sample
- Incorrect sample type
- Incorrect additive used for 24-hour/ timed urine collection.
- Insufficient sample volume
- Haemolysis: depending on the degree of haemolysis, the request may be fulfilled partially or not at all.

Page 48 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK - LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

- Contamination: often due to incorrect order of draw. For example, if an EDTA sample is taken before the serum – gel for biochemistry, this can affect the potassium and calcium measurements.
- Drip contamination: samples taken from an arm with an infusion or a line may yield falsely elevated or decreased results.
- Age: samples/ analytes will deteriorate if there is prolonged transit time.
- Clotted serum (not allowed to stand for sufficient time)

11.6.1 Factors affecting sample quality

The following factors should be considered:

- Timing: off-site blood collection, delayed centrifugation, leakage of RBCs.
- Temperature: blood gases and potassium
- Exposure to light: bilirubin, vitamins, porphyrins
- Clots, air bubbles: blood gases (ABG)
- Gross haemolysis, icterus, lipaemia

Tests which may be affected include the following but are not limited to:

- Potassium: Testing should be as soon as possible after sample collection. Samples that
 are not centrifuged within 2 hours of collection may show an artificial elevation in
 potassium.
- Glucose: Glucose decreases by 5-7%/ hour in unseparated samples at room temperature. Use of fluoride EDTA tubes is preferable to avoid this.

If a sample is rejected, the requestor is informed and it is advised that a repeat sample is taken. This is recorded on the Laboratory IT Winpath system on the patient's record.

11.7 Urine collection

11.7.1 Containers for 24-hour urine collections

These are available in the Laboratory. The containers may contain acid or no preservative, depending on the tests requested. Universal/ MSU containers are available from the stores department.

Patients are provided with an information sheet from the laboratory on the 24-hour collection. This is also available on Q-Pulse MPC-WI-LAB-015 *24-hour urine collection patient information leaflet*

Page 49 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

Test	Plain bottle for	Bottle with acid (HCI)	Random (spot)
	timed collection	for timed collection	urine
Albumin	✓		
Amylase	√		V
Bence Jones Protein (BJP)	√ (Quantification)		V
Calcium	√		V
Catecholamines	5	See metanephrines below	1
Chloride	√		V
Citrate	√		
Copper	√		
Cortisol	√		
Creatinine	√		V
*Creatinine Clearance	√		
Haemosiderin	√		
Magnesium		V	V
Metanephrines, 5HIAA (Consider plasma metanephrines as first line investigation in the diagnosis of Phaeochromocytoma	√		
Microalbumin creatinine ratio			√
Oxalate		√	
Phosphate		√	
Potassium	√		√
Protein	√		√
Protein creatinine ratio			✓
Sodium	√		✓
Urate (uric acid)	√		
Urea	√		✓
Glucose			V

^{*}A serum creatinine, collected within 24 hours of the urine collection, is needed to calculate creatinine clearance.

11.7.2 Urine storage and preservation

Urine collections should be sent to the laboratory promptly once complete. The urine container should be stored in the refrigerator during the collection.

Page 50 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				

For 24-hour collections the request form should state the start time and end time of the collection. If more than one container is used, send all to the lab together once the collection is finished.

11.8 Blood gases

There are two blood gas analysers (Radiometer ABL90 Flex Plus) in the Hospital, one in the Laboratory on level B2 and the other in the Cath Lab control room (ground floor). These are available for use by Laboratory and Hospital clinical staff when trained and competent to do so.

Once collected, blood gases samples must be transported immediately to the Laboratory a maximum of 30 minutes post venepuncture (ideally within 5 – 10 mins of collection) and should <u>never</u> be sent via the chute system or with needles attached.

The procedure for blood gas analysis is as follows:

- 1. A pre-heparinised Radiometer blood-gas safePICO syringe is recommended. Exclude all air, and mix in the heparin by rolling between the palms or placing onto the automatic mixer on the ABL90 FLEX Plus, to prevent clotting. If a sample is clotted it cannot be tested and may cause a blockage on the blood gas analyser.
- 2. Blood gas samples with large air bubbles should not be processed as CO₂ and O₂ are affected. Expel air bubbles from the blood gas sample by gently tapping on the side of the syringe to bring the air bubbles to the top. Then expel them by pressing the plunger. A vented tip cap helps in protecting you from blood exposure after blood collection. The vented tip cap forms a closed system, allowing expulsion of air bubbles and minimising the risk of blood exposure.
- 3. Blood gas samples should be analysed immediately. If this is not possible, analyze the sample within a maximum of 30 minutes of collection (ideally within 5 10 mins of collection).
- 4. Lactate is analysed on the blood gas analysers using blood gas heparinised syringes.

11.9 Dynamic function tests

The following documents available on Q-Pulse:

• Oral glucose tolerance test: MPC-PP-NUR-091 Guidelines for performing an Oral Glucose Tolerance Test.

Page 51 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024					
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025					
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

- Dexamethasone suppression test: MPC-WI-LAB-011 Dexamethasone Suppression Test
- Short Synacthen test: MPC-WI-LAB-012 Short Synacthen Test

For clinical advice on dynamic function tests, please contact Professor Maria Fitzgibbon, Consultant Clinical Biochemist, by telephoning switchboard (ext. 3200) or MPD Clinical Biochemistry Dept. on 01-8858134.

11.10 Interpretation of Troponin I results

In addition to the reference range and critical range for hs-Troponin I, an algorithm is also used to indicate if serial testing is necessary and to aid interpretation of the results.

MPC-FORM-LAB-122 Clinical Guideline hs-cTnI algorithm

12.0 POINT-OF-CARE TESTING

Point-of-care testing (POCT) in MPC is overseen by a multidisciplinary POCT committee. The committee advises the Hospital management team on all aspects of POCT including risk, benefits, resources required, new proposals and present and future strategy and provides clinical governance for the POCT service by ensuring that the organisation's systems and processes for monitoring and improving the quality of POCT services are in accordance with best practice.

The POCT repertoire is blood gas analysis, glucose, ketone, pregnancy testing, urinalysis, ACT, haemoglobin, SARS-CoV-2 and Flu AB testing.

The laboratory is responsible for the management of POCT testing. Daily management (including maintenance, QC and sample processing) is the responsibility of the users. Every user is responsible for ensuring that they have up-to-date training and competence and have read and comply with the relevant procedures, working instructions, user manuals, safety data sheets and kit inserts for each test.

Further details are in MPC-PP-LAB-004 Management of Point-of-Care Testing

13.0 IMMUNOLOGY

All immunology testing is referred out, both to MPD's Immunology department and to other laboratories. Details are in document MPC-FORM-LAB-012 Referral test index and further

Page 52 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024					
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

information is in the MPD User Handbook: https://www.materprivate.ie/our-services/medical-scans-tests/pathology-laboratories

14.0 HAEMATOLOGY

14.1 Haematology test repertoire

When not run in-house, tests are referred preferentially to MPD. For a detailed list of haematology tests carried out in MPD, please refer to the User Handbook: https://www.materprivate.ie/our-services/medical-scans-tests/pathology-laboratories

Details of haematology tests sent elsewhere are in MPC-FORM-LAB-012 Referral test index.

14.1.1 Haematology in-house tests

Test	Specimen type	Special consideration	Turnaround time	Reference ranges (Adult)
Full Blood Count (FBC)	K EDTA 2.7 mL	Clotted samples cannot be processed Optimum sample processing within 8 hours of collection WBC, RBC, HgB, MCV and PLT are stable for up to 24 hours	Routine: 2 hours Urgent: 45 mins	WBC: 4.00 - 11.00 x 10 ⁹ /L RBC F: 3.80 - 5.80 x 10 ¹² /L RBC M: 4.50 - 6.50 x 10 ¹² /L HGB F: 11.5 - 16.5 g/dL HGB M: 13.0 - 18.0 g/dL HCT F: 0.37 - 0.47 x L/L HCT M: 0.40 - 0.54 x L/L MCV: 80.0 - 100.0 f/L MCH: 28.0 - 32.0 pg MCHC: 32.0 - 36.0 g/dL RDW: 11.0 - 15.0% PLTS: 150 - 400 x 10 ⁹ /L
Erythrocyte Sedimentation Rate (ESR)	Na Citrate 4NC 3.5 mL	ESR testing is carried out for: Temporal Arteritis, Polymyalgia Rheumatica, Multiple Myeloma, Giant cell arteritis (GCA)	2 hours	Female: 0 - 20 Male: 0 - 10

Page 53 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Pri				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision: 4.1				
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Test	Specimen type	Special consideration	Turnaround time	Reference ranges (Adult)
Prothrombin	Na Citrate 9NC	Must be analysed within 4 hours of	Routine: 2 hours	11.4 - 15.0 seconds
Time (PT)	3 mL	collection.	Urgent: 80 mins	
		Correct blood volume in tube essential: fill to line on bottle		
International	Na Citrate 9NC	Must be analysed within 4 hours of	Routine: 2 hours	Determined by clinical state
Normalised	3 mL	collection.	Urgent: 80 mins	and PT result.
Ratio (INR)		Correct blood volume in tube essential: fill to line on bottle		
Activated	Na Citrate 9NC	Must be analysed within 4 hours of	Routine: 2 hours	24.8 - 34.4 secs.
Partial	3 mL	collection.	Urgent: 80 mins	
Thromboplastin		Correct blood		
Time (APTT)		volume in tube essential: fill to line on bottle		
D-Dimer	Na Citrate 9NC	Must be analysed within 4 hours of	Routine: 2 hours	<0.50 μg/mL
	3mL	collection.	Urgent: 45 mins	
		Correct blood volume in tube essential: fill to line on bottle		
Fibrinogen	Na Citrate 9NC	Must be analysed within 4 hours of	Routine: 2 hours	2.0 - 4.0 g/L
	3mL	collection.	Urgent: 45 mins	
		Correct blood volume in tube essential: fill to line on bottle		

14.1.2 MPD Haematology test repertoire

All blood films (morphology) and manual differentials are referred to the MPD Haematology department. Please refer to: https://www.materprivate.ie/our-services/medical-scans-tests/pathology-laboratories

Page 54 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Pri				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Test	Specimen type	Turnaround time
B12	Serum-Gel 7.5 mL	24h from receipt in MPD
Serum folate	Serum-Gel 7.5 mL	24h from receipt in MPD

14.2 Information about Haematology tests

- 1. A Full Blood Count (FBC) is a white cell count including differential, red cell counts, haemoglobin, haematocrit (HCT), red cell indices and platelet count.
- 2. From the results of red cell indices, anaemia is classified as normochromic, hypochromic, microcytic or macrocytic and further investigations organised.
- 3. A blood film will be examined if requested with relevant clinical information or if indicated by the FBC result. In the presence of a normal FBC, there are few indications for routine film examination (possible infectious mononucleosis, malaria).
- 4. Reticulocyte counts are useful to check for increased red cell production e.g. haemorrhage, haemolysis, haematinic therapy (iron, vitamin B12 or folic acid) or investigating unexplained anaemia.
- 5. Eosinophil counts will be determined with the differential and expressed as an absolute number. A variety of conditions can lead to an increased count e.g. hyper-sensitivity states, parasitic infections or skin disease.
- 6. Erythrocyte Sedimentation Rate (ESR) is not a reliable test for confirming health or diagnosing disease. It has a role indicating inflammation and following the effects of therapy e.g. giant cell arteritis (GCA), Temporal Arteritis, Polymyalgia Rheumatica and Multiple Myeloma. Except in the case of GCA it is not an emergency test.
- 7. Coagulation studies can be confusing if their management is not informed. For the most reliable results, blood must be in the laboratory within one hour of sampling and not taken from heparinised I.V. lines or bungs.
- 8. PT/INR, APTT and FBC (for platelet count) are the most frequently used tests for initial screening of haemostasis.
- 9. D-Dimers are a reliable indicator of thrombosis.
- 10. INR monitors anticoagulant therapy with Vitamin K antagonists. The INR will also be prolonged with excess heparin anticoagulation, disseminated intravascular coagulation (DIC) and in rare extrinsic coagulation factor deficiencies i.e Factor II, Factor VII Factor VII or Factor X.

Page 55 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				

11. APTT is the most useful measure of heparin therapy. APTT results should be 1.5 to 2.5 times patient's baseline value or the midpoint of the reference range. Prolonged values are seen in moderate to severe haemophilia, Christmas or Von Willebrand disease. Rarely DIC or circulating anticoagulants e.g. lupus is found to cause prolonged values.

14.3 Factors that could significantly affect the test or interpretation of the result

Haemoglobin: it is important to avoid haemolysis either during or after the collection of the blood specimen, otherwise the result is invalid.

Red cell count: there is a moderate fluctuation during the 24 hours of about 4 per cent probably related to exercise meals and fluid intake. Strong emotions such as fear cause a temporary increase in the red cell count.

Platelets: pseudothrombocytopenia due to platelet aggregation (clumping) in EDTA blood may be found. This artefact is of no clinical significance, can be identified in the laboratory and resolved by supplying a thromboexact specimen for platelet count only.

While red cell, white cell and platelet numbers are stable for at least 24 hours in EDTA, progressive morphological changes in a blood film are however inevitable.

14.4 Use of the Thromboexact sample tube

In some instances, including pseudothrombocytopenia, it may be necessary to collect a patient sample using a 'Thromboexact' sample tube. The laboratory will inform the user when this is applicable and provide the tube to the clinical area.

15.0 BLOOD TRANSFUSION

15.1 General blood transfusion information and contact details

There is no in-house blood transfusion laboratory testing and all testing is carried out by the Irish Blood Transfusion Service (IBTS) at the Munster Regional Transfusion Centre (MRTC) located in St. Finbarr's Hospital, Douglas Road, Cork. All blood and blood products are supplied by the IBTS.

The IBTS can be contacted via speed-dial number 4444 or (direct dial) 021-480-7400. For use only if 021-4807400 is not working, telephone 087 2679338.

Page 56 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Please refer to MPC-PP-HAE-005 Policy on the Transfusion of Blood & Blood Products for further detailed information.

15.2 Blood Transfusion sample collection and labelling requirements

- To protect our patients, please note that there is zero tolerance of labelling errors
- N.B. The patient must be wearing an identification (I/D) band when Blood Transfusion samples are collected. Details are in MPC-PP-GEN-111 Patient Identification and use of patient identity band.
- The sample type is 7.5 mL EDTA KE tube (Sarstedt Monovette[®])



Details on all transfusion blood sample bottles must be handwritten clearly and completely (using a biro or, preferably, a fine-tipped permanent marker) as follows:

Information	Format and notes		
Surname	The patient's formal/ given surname, checked against		
	official I/D (passport, driving licence, health insurance		
	card). The spelling must be correct and nicknames cannot		
	be used.		
Forename	The patient's formal/ given first name, checked against		
	official I/D (passport, driving licence, health insurance		
	card). The spelling must be correct and nicknames cannot		
	be used.		
Date of birth	Format dd/mm/yyyy or dd/mm/yy		
Hospital number (MRN)	Mnnnnn (the number of numbers (n) may vary)		
Ward/ location	Please specify		
Time sample taken	Use the 24-hour clock or specify am or pm		
Date sample taken	Format dd/mm/yyyy or dd/mm/yy		
Signature of person who	Please ensure this is legible		
collected the sample			
Signature of person who	Please ensure this is legible		
cross-checked the sample			
and form			

Page 57 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

For more information, please see document MPC-PP-HAE-020 Policy on taking a sample for type and screen.

15.3 Blood Transfusion request form supplies and completion requirements

The IBTS transfusion request form is BT-0007, version 7 *Blood Group and Compatibility Request Form.* Supplies of these forms are available from our laboratory: to obtain them, please telephone ext. 3380.

Request form completion requirements are below and should be handwritten clearly (preferably in block capitals) using biro or (preferably) a fine-tipped permanent marker, on the form.

N.B. Please ensure the information on the form matches that on the sample bottle exactly.

Information	Format and notes	
Surname	The patient's formal/ given surname, checked against	
	official I/D (passport, driving licence, health insurance	
	card). The spelling must be correct and nicknames	
	cannot be used.	
First name	The patient's formal/ given forename, checked against	
	official I/D (passport, driving licence, health insurance	
	card). The spelling must be correct and nicknames	
	cannot be used.	
Maiden name	(when applicable)	
Date of birth	Format dd/mm/yyyy or dd/mm/yy	
Hospital number (MRN)	Mnnnnn (the number of numbers (n) may vary)	
Ethnicity	If known	
Address	Include the address details	
Gender	Specify whether female or male sex	
Hospital	Mater Private Cork	
Ward	Specify ward or location	
Consultant and contact information	Consultant's name	
Clinical information/ transfusion	Clinical condition (the reason for request such as pre-op	
history	or low Hb), most recent haemoglobin, transfusion and	
	transplantation history (when available), blood group (if	
	known) and pregnancy status if applicable	
Declaration	The nurse/ doctor/ phlebotomist who took the sample	

Page 58 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

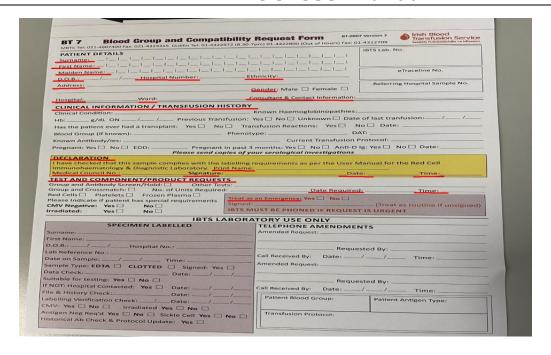
Information	Format and notes		
	must print and sign their name in this section of the		
	form and document the date and time the sample was		
	taken. This section must also be signed by the person		
	who cross-checks that the right blood has been taken		
	from the right patient and that the blood tube and		
	request form are correct.		
Test and component/ product	• What is required and for when i.e. Group and		
requests	Antibody Screen/ Hold or Group and Crossmatch		
	Number of units required (if Group and Crossmatch		
	required)		
	Special requirements for products requested (if		
	required) CMV Negative and/ or Irradiated		
	See also MPC-PP-HAE-025 Special Requirements		
	Algorithm as guidance but note that the consultant		
	looking after the patient should make this decision.		
Date and time required	N.B. Please note this information must be provided.		
Priority	EMERGENCY: Indicate if the test request is to be treated		
	as an emergency. Tick and sign this section.		
	If YES the IBTS blood bank must be contacted by		
	phone. Phone 4444 (direct dial 021-4807400) and ask		
	to be put through to Crossmatch.		

Once the request form is completed, the details on it and on the blood tube must be double checked and signed by another nurse/ doctor/ phlebotomist. Once the sample reaches the laboratory, changes cannot be made to the sample or the request form without exception: this is Hospital policy. Once all details are checked and correct, place the sample tube in the plastic pouch affixed to the request form and send to MPC laboratory via pneumatic tube or by hand, unless the sample requires urgent processing. If it is urgent, contact the IBTS [speed dial 4444, direct dial 021-4807400] and follow the procedure described in section 15.3.2 below.

Image: IBTS request form

Page 59 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			



15.3.1 Routine requests

Routine (elective) requests received in the MPC Laboratory are sent on to the IBTS twice each day, Monday to Friday (excluding public holidays). The first delivery leaves at approximately 11.00am and is processed at 13.00 in the IBTS blood bank. The second delivery is sent at approximately 5pm and is processed by the IBTS at 9am the following day.

15.3.2 Urgent requests

If a request is urgent, follow the process below (do not send anything to MPC Laboratory):

- 1. Inform the IBTS directly by using speed dial 4444 (direct dial 021 480 7400) and make a verbal request for urgent processing.
- 2. Put the samples and request form into the bag attached to the request form.
- 3. Ensure that sufficient absorbent material is placed in the bag with the specimen to absorb the full liquid content and seal the bag.
- 4. Use only approved boxes (available from stores and with the UN3373 mark).
- 5. Address the package to Diagnostics Lab, IBTS Blood Bank, St. Finbarr's Hospital, Cork.

Page 60 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network				

6. Populate the Sender's contact details and address on the outside of the box. For example: CNM2, Ward 3, Mater Private Cork, Mahon T12 K199.

The person who sends the specimen is responsible for ensuring that the primary container is appropriate, properly closed and is not externally contaminated by the contents.

See MPC-PP-LAB-013 Specimen Transportation for how to package biological material safely.

- 7. Deliver the addressed box to MPC Hospital main reception and ask Reception staff to arrange a taxi to transport the specimen to the IBTS blood bank as soon as possible Ensure Reception are aware of the urgency of the request.
 - See MPC-PP-GEN-124 Policy on the Management of Specimens in all Departments in the Mater Private Cork
- 8. A phone call to MPC reception (1111) in advance of the sample arriving will greatly speed up this process.

All urgent requests must be made by contacting the IBTS Blood Transfusion department via speed dial number 4444 or direct dial 021-4807400.

15.4 Blood Transfusion tests and sample types

Test	Sample type	Laboratory	Turnaround time ¹
Type & Screen (aka Group & Hold, Group & Save)	K EDTA 7.5 mL	IBTS	Approximately 24 hours unless indicated as urgent ²
Crossmatch ³	K EDTA 7.5 mL	IBTS	Approximately 24 hours unless indicated as urgent ²
Direct Antiglobulin Test (DAT)	K EDTA 7.5 mL	IBTS	Approximately 24 hours
Transfusion reaction investigation	Please refer to section 15.9 below	IBTS	Patient-specific
Antibody investigation	K EDTA 7.5 mL	IBTS	Patient-specific (Sample will be requested by IBTS if required)

Page 61 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Private Network			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

Test	Sample type	Laboratory	Turnaround time ¹
HLA typing N.B. A special request form is needed: please contact the IBTS to obtain it ⁴	K EDTA 7.5 mL	IBTS	Approximately 2 weeks
N.B. A special request form is needed: please contact the IBTS to obtain it ⁴	Serum-Gel 7.5 mL	IBTS	Approximately 2 weeks
Platelet Alloantibodies N.B. A special request form is needed: please contact the IBTS to obtain it ⁴	Serum-Gel 7.5 mL	IBTS	Approximately 2 weeks

¹ Turnaround time is calculated from time of receipt in the IBTS laboratory

All other Blood Transfusion referral tests details can be found in MPC-FORM-LAB-012 Referral Test Index.

15.5 Crossmatch requests

A current valid sample is required which is one that has been collected within 7 days of the transfusion event being completed. Samples are only valid for 72 hours if the patient has been pregnant/ transfused or transplanted in the past three months or if they have, or have had, any alloantibodies or history.

Note: For the unconscious/ unidentified patient, the minimum information necessary on the request form is the patient's Hospital number [MRN] and sex.

Grossly haemolysed or lipaemic specimens are not suitable for testing: please contact the IBTS to discuss.

15.6 Maximum (surgical) blood ordering schedule (MBOS/ MSBOS)

A Maximum Surgical Blood Ordering Schedule is a mechanism to maximise usage of blood and minimise wastage in elective surgery. A Maximum Surgical Blood Ordering Schedule can

Page 62 of 103 Print date: 27/09/2024

² A positive antibody screen will increase the turnaround time.

³ An add-on Crossmatch Request can only be performed if a current valid sample is available in the IBTS.

⁴ Contact IBTS by dialling 4444 from within the Hospital or direct dial (021) 480-7400.

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network		

reduce the workload of unnecessary crossmatching and issuing of blood and optimise stock management. The MSBOS only applies to elective surgery.

Please see MPC-PP-HAE-001 Maximum Blood Ordering Schedule for details.

15.7 Massive haemorrhage pathway

Please refer to MPC-PP-GEN-118 Transfusion Management of Massive Haemorrhage in Adults for details of how to respond to massive haemorrhage pathway activation.

15.8 Description of Blood and Blood Products

All blood products listed below are provided by the IBTS unless otherwise indicated. The turnaround time is dependent on the product required and its availability: please contact IBTS for an estimation of TAT.

15.8.1 Red Cells

RCC (red cell concentrate) is supplied by the IBTS on a named patient basis. If a patient has special requirements, such as CMV negative or irradiated blood, this should be indicated to the IBTS prior to ordering the red cells.

15.8.2 Emergency Uncrossmatched O RhD Negative red cells

Two Emergency Group O RhD Negative units are held in the Blood Fridge (Serial No: 992047, Asset No: 00408, Fridge no. 1) in the MPC Laboratory on level B2. Further emergency uncrossmatched O RhD Negative red cells can be requested directly from the IBTS by telephone.

The decision to transfuse uncrossmatched blood lies with the requesting Consultant. If the emergency O Rh D Negative units are used they need to be **replaced immediately.** To do so, contact the IBTS via speed dial 4444, ask for the Crossmatch section and request emergency O negative stock. Complete form *MPC-FORM-HAE-059 Log of blood order and receipt*.

15.8.3 Platelets

Platelets are a group-specific product and therefore the IBTS require a type & screen sample prior to issuing platelets. Please note that platelets are not stored on site in MPC, they are ordered *ad hoc* as needed.

Page 63 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Network		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

15.8.4 Octaplas

LG-octaplas is human plasma pooled and treated for virus inactivation. It contains human plasma proteins which are important to maintain normal clotting characteristics and is used the same way as fresh frozen plasma (FFP).

It is advised that LG-Octaplas is given on an ABO compatibility basis. If the patient's blood group is not known and patient's condition is such that time will not allow for testing, Group AB Octaplas should be administered. When time does allow for testing, the IBTS will require a type & screen sample prior to issuing LG-octaplas.

Please refer to MPC-PP-HAE-009 Guideline for use of LG Octaplas for further information.

Emergency use of Octaplas

Group AB plasma (LG-octaplas) is applicable in a life-threatening bleed. Two frozen units are available on site at MPC during routine laboratory opening hours (Mon – Fri 08:00 – 18:00) only. If required, contact the laboratory, and indicate if one or two units are required.

Octaplas takes 20 minutes to thaw and, once thawed, will be available for collection. Outside laboratory opening hours, LG-octaplas is available from the IBTS. They will thaw the product prior to delivery to MPC. This also applies to group-specific Octaplas, within or outside MPC laboratory working hours.

15.8.5 Human Albumin (Flexbumin)

Flexbumin is used to replace blood volume loss resulting from trauma such as a severe burns or an injury that causes blood loss. This medicine is also used to treat low albumin levels caused by surgery, dialysis, abdominal infections, liver failure, pancreatitis, respiratory distress, bypass surgery and many other conditions.

Flexbumin is provided by Pharmacy (200g/L in a 100mL size). Pharmacy may also have Human Albumin (Baxalta) 50g/L in 500mL size in stock but 200g/L is most commonly used.

Please refer to MPC-PP-HAE-005 Policy on the transfusion of Blood & Blood Products for further information.

Page 64 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		

Pharmacy

Order human albumin (flexbumin) or Octaplex stock using the pharmacy requisition form, MPC-PP-MED-014, which a Clinical Pharmacist reviews during working hours.

Pharmacy opening hours: 9am – 5pm Mon-Fri, 8am – 12pm Sat. Closed Sunday and BH. Telephone ext 3207.

Out-of-hours policy (MPC-PP-MED-10) applies thereafter requiring 2 nursing staff members to obtain stock.

15.8.6 Prothrombin complex concentrate (Octaplex[™])

Octaplex is a coagulation factor concentrate, specifically Prothrombin complex concentrate. A limited stock is held in MPC Pharmacy. This is used for the reversal of warfarin in major or life-threatening bleeds.

Octaplex is stored in the Pharmacy fridge and also in the Cath Lab. There is enough for at least 2 doses. It is logged on Pharmacy's critical medicines list which is double checked monthly. Pack replenishment is generally 1 working day from wholesaler. If, very exceptionally, additional stock were needed, it can be obtained from another hospital in the city.

15.8.7 Fibrinogen concentrate (Riastap® or Fibryga®)

Fibrinogen concentrate is stored in the Blood Issue Fridge (Serial No: 2051566, Asset No: 03104, Fridge number 11) located in the MPC Laboratory on level B2. This is indicated for acute blood loss with fibrinogen deficiency.

Please refer to MPC-PP-HAE-005 Policy on the transfusion of Blood & Blood Products for further information.

15.8.8 Other Blood Products

Requests for other blood products not listed above, such as Factor Concentrates, Cryoprecipitate, Anti-D Immunoglobulin, should be discussed with the Consultant Haematologist (contact via switchboard) prior to contacting the IBTS.

15.9 Suspected transfusion reaction

MPC-PP-BT-013 Laboratory Investigation of Transfusion Reactions
MPC-FORM-BT-020 Transfusion Reaction Investigation Form

Page 65 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network		

MPC-PP-HAE-011 Policy on the Management and Reporting of Transfusion Reaction, Adverse Events and Near Miss Incidents

Any unfavourable response by a patient to the transfusion of blood components/ products is described as a transfusion reaction or Serious Adverse Reaction (SAR).

If a transfusion reaction is suspected, follow these steps:

- Stop the transfusion but do not disconnect the unit.
- Call the clinician [i.e. the RMO for that area or patient's consultant] to review the patient
 urgently.
- If the attending clinician confirms a suspected transfusion reaction, inform the Haemovigilance officer (call ext. 3315 during office hours or leave a message/ email out-of-hours) and the ADON/ senior nurse in charge and then disconnect the unit.
- Follow the algorithm in document MPC-FORM-HAE-001 Blood Component and derivatives transfusion and prescription record.
- Return all implicated blood/ product packs with administration/ giving set attached to the MPC lab during working hours, or to the IBTS outside working hours. Also send the relevant samples and completed transfusion reaction investigation form [FORM-HAE-001].

Summary [extract from MPC-FORM-HAE-001]:

In the case of suspected transfusion associated circulatory overload, acute haemolytic, bacteraemia, anaphylactic or febrile transfusion reactions:

- Stop transfusion and notify Doctor immediately
- Maintain IV access by KVO
- Verify identity of patient and ABO group of patient and donor unit immediately
- Complete the relevant section (Blood Transfusion Reaction Investigation Form) of form MPC-FORM-HAE-001 in detail
- Contact the blood bank at St. Finbarr's (dial 4444 or direct dial (021)480-7400)
- Inform medical staff as appropriate

Page 66 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

- Blood product packs should be stored at room temperature while awaiting investigation.
- Out-of-hours: Send type & screen, blood packs and giving sets to IBTS. Send FBC, renal and liver profiles, LDH and blood cultures to MUH.

Table: Investigation of a possible transfusion reaction

	T	
Transfusion reaction investigation test/profiles	Specimen type	Special requirements (Take all samples after a suspected transfusion reaction)
Type and screen	2 x K EDTA 7.5 mL	Specimens and forms must be correctly and completely populated. See sections 15.2 and 15.3 of this document.
Full Blood Count	K EDTA 2.7 mL	and 1919 of this document.
Full coagulation screen	Na Citrate 9NC 3 mL	
Renal Profile, Liver Profile	Serum-Gel 7.5 mL	
LDH	Serum-Gel 7.5 mL	
Haptoglobins	Serum-Gel 7.5 mL	
MSU (Urobilinogen)	MSU	Test at point-of-care on Clinitek Status instrument.
Blood Cultures	Aerobic and Anaerobic bottles	
All Blood Packs including giving sets (used and unused)		All Blood Packs and Giving Sets are sent to the IBTS for culture

15.10 Collection and delivery of blood, blood components and blood products

All movement of blood, platelets and plasma is documented for monitoring on MPC-FORM-HAE-054 Blood Product Ledger: blood and platelets are recorded on the Blood Track

Page 67 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

electronic system. Please refer to MPC-PP-HAE-016 Procedure for ordering and receiving blood products for further details.

16.0 HAEMOVIGILANCE

16.1 General haemovigilance information

Haemovigilance is "A set of organised surveillance procedures relating to serious adverse or unexpected events or reactions in donors or recipients and the epidemiological follow-up of donors." (Directive 2002/98/EC)

The main objectives of the Haemovigilance function are:

- To ensure the safety of the transfusion system
- Educate staff in best transfusion practice
- Show that problems are recognized and effectively managed
- Ensure compliance with legal requirements
- Improve public confidence in the safety of blood and blood components
- Ensure 100% traceability
- Manage Serious Adverse Reactions, Serious Adverse Events and Near-Misses as appropriate

16.2 Blood Transfusion positive patient identification

- Misidentification at blood sampling may lead to <u>fatal</u> ABO-incompatible blood transfusion.
 Evidence shows that inadequately or mislabelled samples carry a significantly increased risk of containing blood from the wrong patient.
- A patient identification band must be worn by all in-patients at time of both sample collection and when receiving a blood transfusion. The patient is instructed not to remove the identification band because it is also required for pre-transfusion bedside checking.

To ensure accuracy and legibility, the ID band should be printed, from the hospital's computerised patient administration system. The minimum identifiers on the Identification band are:

- 1. Last name
- 2. First name
- 3. Date of birth

Page 68 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private P			
Owner, date:Mary Kennedy, 26/09/2024Document: MPC-PP-LAB-002Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Title: User Manual			

- 4. Unique Patient Hospital Number
- 5. Sex
- Details on all samples <u>MUST</u> be hand-written (ask the patient, check their wrist band and chart at the bedside) for Blood Transfusion. All handwritten details must be legible.
- Collection of the sample and labelling (hand-written) of the sample tubes must be performed as one uninterrupted process involving one member of staff and one patient at the patient's bedside.
- A second nurse/ doctor/ phlebotomist must <u>sign the blood tube and blood form</u> once they
 have checked all the details are correct.

See MPC-PP-HAE-020 Policy on the taking of a sample for a Type & Screen +/-Crossmatch.

- The blood tube must <u>never</u> be pre-populated. The blood tube must never be populated with the patient's information anywhere apart from beside the patient.
- British Standards in Haematology (BSH) guidelines recommend that laboratories have a 'zero tolerance' policy for rejecting samples that do not meet minimum sample labelling and collection requirements: this is in place in our Hospital.

16.3 Traceability (Legal Requirement)

A traceability tag (IBTS reference BT 396, 2 Oct 2013) is attached to each blood component issued.

The nurse/ doctor administering the blood product must complete, sign, date and time the tag. The signed tab must be placed in the traceability box which is in the locked treatment room on Ward 2 and Ward 3. The Haemovigilance Officer (HVO) collects these tags from the traceability boxes and returns them to the MPC Laboratory, where the blood product is end fated on the Blood Track system.

A photocopy of the tag is kept at MPC and the tag is returned to the traceability section of Munster Regional Transfusion Centre (IBTS). This process is documented by the HVO in the Blood Ledger (MPC-FORM-HAE-054) in the lab and updated in the Haemovigilance database, maintained and managed by the HVO on the shared K drive.

Page 69 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network		

Further details are in MPC-PP-HAE-028 Policy on the Use of the Bag and Tag Compatibility/ Traceability Label in Transfusion Practice

When emergency Group O Negative uncrossmatched blood is used, the nurse/ doctor administrating the blood should complete the Patient Identifiers on the traceability label. 'The traceability form for transfusion confirmation of non-assigned blood components' [IBTS, IBTS/ DIAG/SOP/0030, Ver. 13.] which is provided with each unit of RCC should be fully populated by the nurse/ doctor administering the blood. The completed form is then returned to traceability box as described in MPC-PP-HAE-028.

When emergency Group O Negative uncrossmatched blood is used, the nurse/ doctor who used it is responsible for re-ordering two units for the Hospital from the IBTS. To do so, follow the usual procedure for ordering stock described in MPC-PP-HAE-016 Procedure for Ordering & Receiving Blood Products

Traceability of all blood is a mandatory and statutory requirement. Failure to comply with the traceability system may compromise patient safety and will result in an investigation and follow-up via the non-conformance process.

16.4 Notification of Serious Adverse Events and Reactions (SAE and SAR)

Any near misses, serious adverse events (accidents and errors) related to the collection, testing, processing, storage and distribution of blood and blood components which may have an influence on their quality and safety, as well as any serious adverse reactions observed during or after transfusion which may be attributed to the quality and the safety of blood and blood components, are notified to the competent authority, the National Haemovigilance Office (NHO). The NHO will submit these reports as serious adverse events (SAE) to the Health Products Regulatory Authority (HPRA), which in turn submits an annual report to the European Commission.

Notification procedure for suspected reactions, events, near misses

1. Who to contact

Contact the HVO (ext. 3315) when on duty.

If HVO is not on duty, notify the Nurse Practice Development Co-Ordinator (deputy HVO) on ext. 3437. If neither the HVO nor deputy HVO is available, notify the CNM in charge and ADON/ DON.

2. Initial reporting

Page 70 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Network Network Material Private Network Materia		
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Title: User Manual		

The HVO/ deputy HVO/ CNM in charge/ ADON/ DON:

- a. Reports the incident to the medical officer on call at the IBTS (4444/ (021)4807400)
- b. If not already done, informs the patient's primary consultant.
- c. Logs the reaction/ adverse event/ near miss as an incident on the Flex system

3. <u>Investigation</u>

The HVO will review the Flex investigation form and the patient's medical record and discusses the findings with Blood Transfusion Consultant. Where appropriate the HVO will report serious adverse reactions and serious adverse events to the NHO using the appropriate template available via

https://www.giveblood.ie

Completed forms will be emailed to haemovigilance@ibts.ie. The HVO will retain a copy of this anonymised initial report and any subsequent detailed reports in order to update the MPC Blood Transfusion Committee. All other documentation is retained in the patient's medical record as described in MPC-PP-GEN-103 Patient Medical Records Policy.

Further detail on reactions/ events/ near misses will be reported according to the requirements of form BT – 404, ver. 04

https://www.giveblood.ie

4. Detailed review, reporting and follow-up

The Haemovigilance Officer will liaise with the blood transfusion laboratory staff, Consultant Haematologist and patient's clinician in the follow up of the results. A root cause analysis may need to be carried as described in *MPC-PP-RM-005 Incident / Reporting Management Policy*. The Haemovigilance Officer/ relevant staff will take part in this investigation as requested and needed.

In the event of a <u>confirmed transfusion reaction</u> the Haemovigilance Officer will document details regarding the reaction investigation, follow up and recommendations where applicable in the patient's clinical notes. The HVO will 'end fate' the unit on Blood Track by indicating 'reaction' in the register and on the electronic blood management system. The event will be closed out with follow up letter/ report to patient's consultant if required. A hard copy of the report will be posted by mail to consultant and a copy of the close out report will be placed in the patient medical record when appropriate.

Page 71 of 103 Print date: 27/09/2024

Title: User Manual		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network		

A report of any <u>suspected transfusion reactions/ adverse events</u> will be prepared by the HVO and discussed at the MPC Blood Transfusion committee meeting. The event will be closed out with follow up letter/ report to patient's consultant if required. A hard copy of the report will be posted by mail to consultant and a copy of the close-out report will be placed in the patient medical record when appropriate.

All adverse events, near miss and non-compliances relating to transfusion and occurring in the clinical area, are reported and managed as per the *Incident / Reporting Management Policy MPC-PP-RM-005*.

5. Trend analysis

The HVO will review all haemovigilance-related incidents and report these to the blood transfusion committee quarterly. The Quality department will notify the HVO of any transfusion-related incident and the HVO will keep a log of events to allow analysis of trends or recurring problems. Incidents are discussed at regular multi-disciplinary team meetings (Hospital incident management meeting and Quest and BT Committee) which help determine and disseminate preventative and corrective actions.

Further details are in MPC-PP-HAE-011 Policy on the Management and Reporting of Transfusion Reaction and Adverse Events.

17.0 MICROBIOLOGY

17.1 Requesting microbiology investigations

- 1. Use the Microbiology request form (form LF-MICRO-0054).
- 2. Complete the request form fully including patient details, location, clinician, specimen date and time, specimen type or site, antibiotic therapy details (including allergies) and relevant clinical details.
- 3. Telephone the laboratory (ext. 3411) for add-on tests on samples already in the laboratory, preferably on the day the sample is taken. When it is confirmed by the Laboratory that it is possible to proceed with the additional test, send a request form to the laboratory for this test.

Page 72 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			

4. Discuss requests for additional tests that are not routinely carried out in the laboratory with the Consultant Microbiologist (contact via Switchboard).

17.2 Collection and transport guidelines for microbiology specimens

- Where possible, collect specimen before the administration of antimicrobial therapy.
- Collect specimen with as little contamination from indigenous microbial flora as possible to ensure that the sample will be representative of the infective site.
- Collect specimen using sterile equipment and aseptic technique to avoid introduction of foreign micro-organisms.
- Collect an adequate amount of specimen. Inadequate amounts may yield false negative results.
- Identify the specimen source and/ or specific site correctly so that proper culture media will be selected during processing in the laboratory.
- Specimens should be transported to laboratory as soon as possible. If processing is delayed, refrigeration is preferable to storage at room temperature, with the exception of Blood cultures and CSFs which must always be kept at room temperature.
- Please note blood cultures must be incubated at Mercy University Hospital within 4 hours of collection.
- Please contact the laboratory (ext. 3411) to discuss if unsure.

17.3 Sample collection

Collect the sample into the appropriate container. Please contact the laboratory if unsure of correct container. Samples should be accompanied by a completed Microbiology request form.

Request	Container	Container supplier
Urine , CSF, Sputum Faeces, Tissue, Fluid	Sterile universal container	Stores

Page 73 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: Heer Mennel				

Title: User Manual

Request	Container	Container supplier
Swabs for Bacterial Culture (C&S, MRSA, CPE, VRE etc.)	Amies Transport Swab (Blue top)	Stores
Chlamydia trachomatis & Neisseria gonorrhoeae detection Urine Sample	Cobas Liat PCR Sample kit	Laboratory (ext. 3411)
Endocervical Sample	Cobas PCR Dual swab Sample kit	Laboratory (ext. 3411)
Measles & Mumps virus detection in saliva	Buccal swab (Oracol)	Laboratory (ext. 3411)
Rectal swab for PCR	Copan double swab	Laboratory (ext. 3411)
Blood Culture	Aerobic and Anaerobic bottles	Stores

Page 74 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1		
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Request	Container	Container supplier
Fluids from sterile sites	Aerobic and Anaerobic bottles	Stores
Viral swab – Influenza, Covid- 19 and virus detection e.g. herpes, chicken pox etc.		Stores
Swabs for Influenza A, B and SARS-CoV-2 (only for Cobas Liat, in-house)	22 77 mg	Laboratory (ext. 3411)

17.4 Microbiology test information

Microbiology testing is carried out in our Cork laboratory, our Dublin laboratory, Mercy University Hospital and other laboratories.

17.4.1 In-house Microbiology tests

Specimen types, turnaround times and storage conditions for Cork in-house tests are listed in the table below.

Test/ investigation	Sample type	Volume required mL	Container	Turnaround time (during routine hours)	Storage conditions if transport to Laboratory delayed
MRSA screen	Nasal and groin swabs and, if present, also send swab of wounds, sites of damaged or abnormal skin, intravenous line insertion sites, CSUs and sputum, if expectorating.	N/A	Amies Transport Swab (Blue top)	2 working days Mon-Thurs	Fridge 4-8°C
VRE, CPE screen	Rectal swab	N/A	Amies Transport Swab (Blue top)	2 working days Mon-Thurs	Fridge 4-8°C

Page 75 of 103 Print date: 27/09/2024

Title: User Manual			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025	
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1	
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT			

Test/ investigation	Sample type	Volume required mL	Container	Turnaround time (during routine hours)	Storage conditions if transport to Laboratory delayed
Influenza A/B/RSV	Nasopharyngeal swab	N/A	Viral UTM swab	3 hours	Fridge 4-8°C
SARS-CoV-2	Nasopharyngeal and oropharyngeal swab	N/A	Viral UTM swab	Urgent: 2 hours Routine: 1 working day	Fridge 4-8°C
Respiratory panel (including SARS-CoV-2)	Nasopharyngeal and oropharyngeal swab	N/A	Viral UTM swab	Urgent: 2 hours Routine: 1 working day	Fridge 4-8°C
C. difficile toxin	Faeces. Formed faeces specimens will not be tested for <i>C. difficile</i> unless specifically requested by Consultant Microbiologist.	5 - 10 mL	Sterile universal container	4 hours	Fridge 4-8°C
Norovirus	Faeces	5 - 10 mL	Sterile universal container	1 working day	Fridge 4-8°C
Legionella urinary antigen	Urine	10 mL	Sterile universal container	3 hours	Fridge 4-8°C
Pneumococcal urinary antigen	Urine	10 mL	Sterile universal container	3 hours	Fridge 4-8°C

17.4.2 Microbiology tests (Mater Private Hospital Dublin, MPD)

VRE, CPE, MRSA cultures requiring further investigation are referred to Microbiology MPD for confirmatory and sensitivity testing.

For all other microbiology tests and for information on sample requirements, turnaround times and reference ranges, please refer the Microbiology section of the Mater Private Dublin Laboratory User Handbook, available at https://www.materprivate.ie/our-services/medical-scanstests/pathology-laboratories

Page 76 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Transport to MPD

Please ensure all Microbiology specimens are brought to the Cork laboratory <u>before 08:30</u> each morning for transportation to Dublin at the earliest opportunity

17.4.3 Microbiology tests (Mercy University Hospital, MUH)

During routine hours, specimens are sent to MUH via the MPC laboratory. Out of hours, specimens are sent directly from the wards to MUH.

Please refer to the Mercy Hospital's user manual for sample requirements, turnaround times and reference ranges: https://www.muh.ie/images/Pathology/A-Z-Test-Directory-to-Lab-User-Manual-Rev-6.pdf

Test/ investigation	Specimen type	Volume required mL	Container	Turnaround Time (during routine hours)	Storage conditions if transport to Laboratory delayed
Blood Culture	Blood State specimen type (e.g. peripheral, arterial) See MPC-PP-IC- 076 Guidelines on Blood Culture Specimen collection	8-10 mL blood in each blood culture bottle N.B. If other blood tests are required, always collect blood cultures first.	Aerobic and Anaerobic bottles Inoculate Aerobic bottle first then the anaerobic bottle. Do not use if liquid is cloudy or sensor at base of bottles is not grey before inoculation. Do not cover or remove bar code labels Do not cover grey sensor layer at the base of bottles.	Positive: results are phoned as soon as available (most organisms are detected within 24-48 hrs). Negative: 5 days Negative ?Endocarditis: 10 days (as requires extended culture)	Blood cultures must be incubated at Mercy University Hospital within 4 hours of collection. DO NOT SEND IN PNEUMATIC TUBE SYSTEM DO NOT REFRIGERATE
Cerebrospinal Fluid, CSF	CSF Therapy should not be delayed unnecessarily	Ideally, a minimum volume of 1 mL CSF is collected	Sterile universal container	Microscopy: Within two hours of receipt in	Transport specimens ASAP DO NOT SEND IN PNEUMATIC TUBE

Page 77 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Test/ investigation	Specimen type	Volume required mL	Container	Turnaround Time (during routine hours)	Storage conditions if transport to Laboratory delayed
	pending lumber puncture.	sequentially into separate containers which should be numbered appropriately. See section 17.6 below.		MUH. Culture: Preliminary:24 hours, Final: 48-72 hours Testing is treated as urgent.	SYSTEM
Blood/ body fluid exposure specimens/ needle-stick injuries (Hepatitis B surface antigen, Hepatitis C, HIV and Hepatitis B antibodies)	Clotted blood See MPC-PP-OH- 003 'Procedure to be followed for a Blood & Body Fluid Exposure'	7.5mL	White bottle	4 hours after receipt at MUH - anytime	Send to MUH ASAP

17.5 Blood Culture

For the majority of patients, two blood culture sets are recommended. A second or third set taken from a different site not only increases yield but also allows recognition of contamination.

In most conditions other than endocarditis, bacteraemia is intermittent, given it is related to the fevers and rigors which occur 30 - 60 minutes after the entry of organisms into the bloodstream. Specimens should be taken as soon as possible after a spike of fever.

Ideally, blood cultures should be taken prior to antimicrobial treatment. When already receiving antimicrobials, blood culture should be collected just before the next dose is due when antimicrobial concentration in the blood is at the lowest. Any recent antimicrobial therapy can have a significant effect on blood culture results by decreasing the sensitivity of the test. This may be of particular importance in those patients receiving prophylactic antibiotics and who are at high risk of bloodstream infections. If patients have received previous antimicrobial treatment, bacteraemia should be considered even if blood culture results are negative.

Page 78 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision: 4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

Blood culture volume is the most significant factor affecting the detection of organisms in bloodstream infection. There is a direct relationship between blood volume and yield, with approximately a 3% increase in yield per mL of blood cultured. False negatives may occur if inadequate blood culture volumes are submitted.

17.6 Cerebrospinal fluid (CSF)

- All specimens should be taken before antimicrobial therapy where possible, but therapy should <u>not</u> be delayed unnecessarily pending lumber puncture.
- Collect the CSF sequentially into separate containers numbered 1, 2 and 3 (upward).
 Collect 1 mL of CSF into each container, if possible.
- Send the first and last specimens for microbiology (MUH) examination and specimen no. 2 to Biochemistry (MUH) for testing of CSF protein. Add 200 µL of CSF to a fluoride tube for CSF glucose analysis and send a concurrent blood sample in a fluoride tube for blood glucose for comparison. If a sample of CSF is not in a fluoride tube, testing cannot be carried out on CSF more than 1 hour old.
- Complete a request form for each of Biochemistry and Microbiology (i.e. two request forms are needed) and send with the specimens.
- If only one sample of CSF is collected, send it to Microbiology first.
- Send the specimens to the laboratory as soon as possible. If the specimen is more than 2 hours old on receipt the cell count may not be accurate owing to cell disintegration.
- Routine hours: During MPC laboratory opening hours, phone the laboratory to inform them a CSF is being taken and transport it to the MPC laboratory urgently. Do NOT send CSF specimens in the pneumatic tube system.
- Out-of-hours: Send the CSF directly to the Laboratory, Mercy University Hospital urgently.
- Where other CSF investigations are requested, additional volume of specimen may be required. Please contact the MPC laboratory (ext. 3411) for quantities required for tests before taking the specimen, if possible.

Page 79 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Retwork				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

17.6.1 Investigation of Meningitis

When <u>bacterial</u> infection is suspected do the following in addition to taking the CSF:

- Collect blood cultures
- Collect EDTA sample for Meningococcal and Pneumococcal PCR
- Collect a bacterial throat swab

When <u>viral</u> meningitis is suspected do the following in addition to taking the CSF:

- Collect a faeces specimen
- Collect a viral throat swab
- Request viral PCR on the CSF request form (Herpes simplex virus, Varicella zoster virus, Enterovirus (Coxsackie Echo)).

Please note that 500µL of CSF is required for viral PCR.

17.6.2 Sub-arachnoid haemorrhage (SAH)

If SAH is suspected, CSF specimens 1 and 3 must be sent to Biochemistry in Cork University Hospital (CUH) for red cell count. In SAH the red cell count in both specimens will be similar whereas in traumatic CSF the red cell count will decrease in specimen 3. State clearly on the request form '?Subarachnoid haemorrhage' or '?SAH'.

CUH: telephone 021 492 2000. On call Medical Scientist bleep 199 biochemistry, bleep 375 microbiology

17.6.3 CSF reference ranges

https://www.muh.ie/images/Pathology/A-Z-Test-Directory-to-Lab-User-Manual-Rev-6.pdf

Parameter	Reference range
Leucocytes	0 - 5 cells/cmm
Erythrocytes	0 - 10 cells/cmm
Glucose	≥ 60% of simultaneously determined plasma concentration
Protein	0.2 - 0.4 g/L (<1% of serum protein concentration)

These values represent the upper and lower limits of normality. A specimen is considered positive when the white cell count (leucocytes) is elevated i.e. outside the normal CSF values in the table above.

Page 80 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Retwork				
Owner, date:Mary Kennedy, 26/09/2024Document:MPC-PP-LAB-002Revision:4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

17.7 Infection Prevention and Control

The Hospital's infection prevention and control team provides advice and consultation on all aspects of infection control.

Contact the infection control nurse via MPCInfectioncontrol@materprivate.ie or on ext. 3259.

17.8 Reporting Microbiology Results

Tests carried out by MPD and MUH are authorized by the relevant team in those hospitals.

MPC negative tests are authorized by the Microbiology Medical Scientists.

MPC positive tests are authorized by the Microbiology Medical Scientists (with delegated authority from the Consultant Microbiologist) and the Consultant Microbiologist is informed. The Microbiology Medical Scientists inform the IPC team when the result is clinically significant.

Microbiology laboratory reports are printed daily (Monday - Friday). The reports are checked against the original or copy of the request form to ensure the patient details, clinician and tests performed are correct. The reports are then filed per clinician.

Microbiology reports in which sensitivities are reported are scanned and emailed directly to the patient's consultant on the day the report is printed.

Once Microbiology results are checked and authorised in the laboratory, they are available on Winpath Ward Enquiry.

17.8.1 Reporting of suspected outbreaks of infection

When an outbreak of infection is suspected, clinical staff must inform the Infection Control Nurse immediately to ensure prompt control and monitoring of the situation. The Consultant Microbiologist may be contacted out of hours if required by the site manager or clinician on call.

Notifiable diseases are reported to the Health Protection Surveillance Centre by a laboratory scientist. They are reported on the day identified unless there is uncertainty about the result (for example, if unclear whether past or current infection) in which case reporting is done when the uncertainty has been removed.

Page 81 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Retwork				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

For further information, please refer to the current version of the list of notifiable diseases available at https://www.hpsc.ie/notifiablediseases

17.8.2 Other infectious diseases

Other infections which are of importance as far as spread in hospital/ patient welfare is concerned must be notified to the Infection Control team; these are:

- 1. All methicillin (oxacillin) resistant staphylococcal infections
- 2. All ESBL positive isolates
- 3. All positive Carbapenemase producing enterobacteriacae
- 4. All Vancomycin resistant enterococci
- 5. All positive Clostridium difficile A&B screens
- 6. Positive blood cultures
- 7. Other exceptional resistant pathogens (e.g. VRSA / penicillin resistant GC)

17.9 Microbiology sample storage

When there is a delay in sending urines, swabs, fluids, faeces, tissues, viral swabs and sputum to the laboratory, these should be refrigerated. If samples are taken outside of the laboratory's routine hours, they should be placed on the top shelf of Fridge 5 in the laboratory (except CSF and blood cultures). The form *Log of samples placed in specimen fridge outside of working hours* MPC-FORM-LAB-054 on the fridge door should be completed.

Please note that CSF and Blood Cultures must <u>not</u> be refrigerated. These specimens should be sent to the Mercy University Hospital as soon as possible. Where there is an unavoidable delay in sending blood cultures and CSFs, the specimens should be stored at room temperature.

18.0 HISTOLOGY AND CYTOLOGY

18.1 General histology and cytology information

<u>Histology and non-gynae cytology</u>: The Mater Private Hospital Dublin (MPD) Histology department provides a service in surgical pathology and cytology and all specimens are sent there from MPC by courier daily, Monday to Friday. Specimens collected at the weekend are sent on Mondays (Tues if Mon is a public holiday).

The routine working hours for Histology in MPD are 08:00 – 17:00 Monday to Friday.

Page 82 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Retwork				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

The MPD Histology department can be contacted directly on 01-8858136.

<u>Cervical cytology</u>: Specimens are sent to Eurofins Biomnis for combined Thinprep PAP test and High Risk HPV DNA. The turnaround time is 10 working days. Please contact Stores for pots and brushes and contact the laboratory for further information.

18.2 Reports and turnaround times

18.2.1 Histology and cytology turnaround times (TAT)

The turnaround times apply from when the sample is received in MPD. Histology samples are received in the MPC lab daily and are delivered by courier to MPD the same or next working day.

Specimen type	Target TAT (80%)
Routine Histology specimens	15 working days
Special stain	15 working days + up to 7 days
Immunocytochemistry	15 working days + up to 7 days
Non-gynae cytology	10 working days maximum. Usually reported within 48h

18.3 Histology advice outside normal working hours

No out-of-hours service is provided. Queries can be discussed with the Consultant Histopathologists when they are available. Details of their availability and contact details can be obtained by contacting MPD on 01-8858136.

18.4 Histology specimens

Specimens should be brought to the MPC laboratory in <u>10% buffered formalin</u> unless special investigations requiring fresh tissue are requested. Any fresh specimens must be brought to the attention of a Medical Scientist.

A visual check is performed on acceptance of specimens in the laboratory at MPC before transport to MPD.

18.4.1 Urgent Histology

Urgent specimens are dealt with on an individual case basis following consultation with the Medical Scientists and/ or Consultant Pathologist in MPD. The turnaround times of urgent cases varies according to the type of tissue to be processed, the optimum fixation time required and the complexity of the case.

Page 83 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024				
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network				

The urgent specimen should be clearly marked URGENT on the request form.

18.5 Histology specimens requiring special handling

18.5.1 Muscle Biopsies

Muscle Biopsies are sent directly from the clinical area to the neuropathology department at Cork University Hospital. The biopsy should be sent immediately FRESH. Telephone CUH on (021) 492 2519 in advance of sending the muscle biopsy.

Dimensions

The muscle biopsy must be at least $1.5 \, \text{cm} \times 1.5 \, \text{cm} \times 1.5 \, \text{cm}$ in size. For certain suspected metabolic or mitochondrial disorders, a larger sample may be required for molecular or biochemical analysis. Please contact the Neuropathologist at CUH to discuss the case in advance.

<u>Packaging</u>

Universal safety precautions for fresh tissue should apply and the biopsy should be wrapped in cling film to avoid drying out during transport.

Transport

The biopsy should be delivered directly to a staff member in the CUH Neuropathology Dept. Instruct the taxi driver/ courier not to leave specimen at CUH laboratory reception and the muscle biopsy should reach the CUH department by 4pm. On receipt of the specimen a staff member will telephone the requestor to confirm that the tissue has arrived safely.

<u>Turnaround</u>

Muscle histochemistry is performed in batches once weekly, on Wednesdays. The turnaround time is approximately 3 weeks.

Additional information is available in the protocol for muscle biopsy (available from the CUH Neuropathology Dept.).

18.5.2 Lymph Nodes

Lymph nodes for suspected lymphoma should be brought immediately to the Laboratory and brought to the attention of a Medical Scientist. The Histopathology Department in MPD can be contacted for further instruction.

Page 84 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024				
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network Network				

18.5.3 Sural nerve biopsies and peripheral nerve biopsies

Nerve biopsies are dispatched via the MPC Laboratory to the Neuropathology department at Cork University Hospital. The biopsy should be sent immediately FRESH. Telephone CUH on (021) 492 2519 in advance of sending the biopsy.

Please indicate on the request form the clinician to whom the result should be sent and if a copy is needed for another clinician.

For any further queries please contact the Neuropathology laboratory (021 4922519) or Dr Bermingham (021 4920475).

Packaging

The biopsy can be wrapped in gauze lightly moistened with NORMAL SALINE, to keep moist during transport.

Transport

The biopsy should be delivered directly to a staff member in the Neuropathology Dept. Instruct the taxi driver/ courier not to leave specimen at CUH laboratory reception and the muscle biopsy should reach the CUH department by 4.pm. On receipt of the specimen a staff member will telephone the requestor to confirm that the tissue has arrived safely.

<u>Turnaround</u>: 3 weeks. Certain cases may take longer.

18.5.4 Specimens requiring both microbiological culture and histology

Specimens requiring microbiological investigation (e.g. valves) should be received fresh to the laboratory and always given to Microbiology before any formalin is added.

18.5.5 Skin biopsies for Immunofluorescence

Please give the MPC Laboratory at least one week's notice so that a fresh supply of Michel's medium can be obtained. Skin biopsies for Immunofluorescence should be brought to the laboratory placed in Michel's medium. They are dispatched via the Laboratory to the referral laboratory [St John's in the UK].

18.5.6 Breast cyst aspirate

Place in CytoLyt solution and send to MPD. CytoLyt is available from MPC Laboratory.

Page 85 of 103 Print date: 27/09/2024

Title: User Manual				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Owner, date: Mary Kennedy, 26/09/2024				
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Mater Private Network Network				

18.5.7 Bronchial aspirate

These should be sent to the MPC Laboratory in a universal container pre-filled with CytoLyt solution (CytoLyt is available from the Laboratory) without delay.

18.5.8 Brushings from other sites

Place the brush in CytoLyt solution (available from the Laboratory) and send to the MPC Laboratory.

18.5.9 Fine Needle Aspiration Cytology

Sites of aspiration include breast, thyroid and lymph nodes. The techniques require several passes of fine gauge needle through the organ with negative pressure on the syringe. Place the aspirate into CytoLyt solution (approximately 20 - 25mls in a universal container), the needle can them be washed out using the fluid. Transport to the MPC Laboratory immediately.

18.5.10 Sputum

Best results are achieved with freshly obtained sputa following chest physiotherapy with early morning sputum before the patient has eaten. Contamination with large amounts of saliva or food leads to inadequate specimens. Multiple specimens (usually x 3) may be necessary, but these should be sent on three separate days, not all taken at one time. Send in sterile sputum pots (universal). Telephone us and let us know if there is a high suspicion of TB and write this on the request form too. Sputa are sent to MPD.

18.5.11 Urine

Best results are achieved with a fresh voided specimen, preferably not the first in the morning. Specimens at cytoscopy or from catheterised patients should be labelled accordingly. No fixative is required but prompt transportation is recommended to avoid unnecessary repeat tests. Send in universal sterile container. It is not necessary to send multiple specimens.

How to take a urine specimen for cytology:

- This is usually requested to screen for abnormal cells from the bladder.
- This should not be taken the first time urine is passed after waking in the morning. Any time after this is appropriate.
- It is preferable to collect the urine at the end of the stream rather than the beginning.
- Collect urine into the sterile container provided until half full.

Page 86 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Retwork				
Owner, date: Mary Kennedy, 26/09/2024				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025		
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition				
Title: User Manual				

- Close container tightly and label the specimen.
- Place in plastic bag with form provided

18.5.12 Other Cytological Examinations

Examination of fluids and aspirates may be performed on request. Please contact the laboratory beforehand.

19.0 OUT-OF-HOURS SERVICE

19.1 Mercy University Hospital

Urgent requests taken after 17:00 and at weekends and public holidays should be sent directly from the ward to the Mercy University Hospital for processing.

The Mercy University Hospital provides out-of-hours cover from 18:00 - 08:00 Monday to Friday and all day Saturday, Sunday and bank/ public holidays. Requests are sent directly to the Mercy University Hospital for processing. Results are returned via Healthlink and, if urgent or critical, are also telephoned to the requesting clinician/ clinical area.

The Mercy University Hospital also processes all MPC blood cultures, blood/ body fluid exposure tests, CSFs, and out-of-hours gentamicin and vancomycin.

For details on turnaround times for samples processed in the Mercy University hospital please refer to the 'Primary Sample Collection Manual' available on their website. The turnaround times stated apply from when the sample reaches the Laboratory in the Mercy University Hospital.

https://www.muh.ie/images/Pathology/A-Z-Test-Directory-to-Lab-User-Manual-Rev-6.pdf

Table: Test repertoire available out of hours at MUH

Test	Specimen Type
Blood Cultures	Aerobic and anaerobic bottles
βHCG - only when ?ectopic pregnancy	Serum Gel 7.5mL
Bone Profile	Serum Gel 7.5mL
Cardiac Profile	Serum Gel 7.5mL
Troponin I	Lithium Heparin 4.9 mL

Page 87 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK	CORK – LABORATORY DEPARTI	MENT Mater Private Network			
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

Test	Specimen Type
Coagulation Screen	Na Citrate 9NC 3 mL
CRP	Serum Gel 7.5 mL
CSF Glucose and Protein	Sterile universal (fluoride for glucose)
CSF Microbiology	Sterile universal
Digoxin	Serum Gel 7.5 mL
Erythrocyte Sedimentation rate	K EDTA 2.7 mL
Fibrinogen	Na Citrate 9NC 3 mL
Full Blood Count	K EDTA 2.7 mL
Glucose	Fluoride 2.5 mL
Gentamicin and Vancomycin	White Serum[no gel] 7.5 mL Tests available Monday to Friday between 8am and 9pm inclusive and at weekends including bank holidays between 9am and 6pm. Fill out antibiotic request form fully, indicating time of specimen, dose given and time of last dose. Testing is carried out for trough samples only.
Iron	Serum Gel 7.5mL
Lipids	Serum Gel 7.5mL
Lithium	Serum Gel 7.5mL
Liver Profile/ Liver Function Test	Serum Gel 7.5mL
Magnesium	Serum Gel 7.5mL
Malaria Screen	K EDTA 2.7 mL
Monospot	K EDTA 2.7 mL
Paracetamol	Serum Gel 7.5mL
Renal Profile	Serum Gel 7.5mL
Salicylate	Serum Gel 7.5mL

Page 88 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

Test	Specimen Type
Sickle Screen	K EDTA 2.7 mL

19.2 The IBTS (MRTC at St. Finbarr's Hospital)

All urgent out of hours blood transfusion sample and crossmatch requests are sent directly from the ward to the IBTS for processing and details recorded on the MPC Hospital out of hours tracking log book.

19.3 Packaging samples for referral

Put the samples and a copy of the request form or test slip into a biohazard bag. The bag has two compartments: the sealable pouch is for the specimen container/ bottle and the outer sleeve is for the request form [note the request form must never be put in the same compartment as the specimen].

Ensure that sufficient absorbent material is placed in the bag with the specimen to absorb the full liquid content. The samples should be placed into these absorbent pouches.

Use only approved boxes (available from stores and with the UN3373 mark).

20.0 REQUEST REFERRAL

Tests not available in MPC are referred to third-party laboratories. Where possible, work is referred to laboratories accredited to the ISO 15189 standard. Details of the specimen requirements, referral laboratory and a list of all tests referred can be found on MPC-FORM-LAB-012 Referral Test Index.

Laboratory specimen referral dispatch and report handling is described in MPC-PP-LAB-015 Specimen Referral and Dispatch.

21.0 ASSOCIATED DOCUMENTS

Documents referenced within this manual are available on the Hospital's Q-Pulse system.

22.0 REFERENCES

ISO 15189:2012

JCI 7th Edition Hospital Standards

Page 89 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

APPENDIX: ALL IN-HOUSE TESTS A- Z

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Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Haematology	Activated Partial Thromboplastin Time (APTT)	Citrate 9NC (green cap) 3 mL	Routine:2 hours Urgent: 80 min	24.8 - 34.4 secs	Must be analysed within 4 hours of collection. Correct blood volume in tube essential: fill to line on bottle
Biochemistry	Alanine Aminotransferase (ALT)	Serum Gel (brown cap) 7.5 mL	Routine: 2 hours Urgent: 70 min	0 - 50 IU/L	
Biochemistry	Albumin	Serum Gel (brown cap) 7.5 mL	Routine: 2 hours Urgent: 70 min	35 - 50 g/L	
Biochemistry	Alkaline Phosphatase (ALP)	Serum Gel (brown cap) 7.5 mL	Routine: 2 hours Urgent: 70 min	30 - 130 IU/L	
Biochemistry	Amylase	Serum Gel (brown cap) 7.5 mL	Routine: 2 hours Urgent: 70 min	28 - 100 IU/L	Affected by haemolysis

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

A

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult re	ference range	Special precautions
Biochemistry	Arterial blood gases (ABG)	Heparinised syringe	Testing done at point-of-care or immediately on receipt in the laboratory	pH pCO2 pO2 Oxygen saturation Base excess Bicarbonate	7.35 - 7.45 4.5 - 6.0 kPa 12.0 - 14.5 kPa 95 - 98% -2.3 - +2.3 mmol/L 22.4 - 25.8 mmol/L	Carry out testing as soon as possible after collection, preferably within 10 minutes and no longer than 30 minutes. Remove any air bubbles as soon as possible after collection and roll between palms to mix and prevent clotting. Do not transport in pneumatic air tube system.
Biochemistry	Aspartate Aminotransferase (AST)	Serum Gel (brown cap) 7.5 mL	Routine: 2 hours Urgent: 70 min	11	- 34 U/L	Affected by haemolysis

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Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Biochemistry	Beta HCG			See under H (HCG)	•
Biochemistry	Bilirubin/ total bilirubin (TBIL)	Serum Gel (brown cap)	Routine:2 hours Urgent: 70 min	5 - 24 μmol/L	Affected by haemolysis

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT							
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1					
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025							
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition							
Title: User Manual							

В					
Test A - Z	Sample type	Turnaround	Adult reference range	Special precautions	
abbreviation)		time			
	7.5 mL				
Blood gases		See	under A, Arterial blood gases	(ABG)	
Brain natriuretic peptide (NT-proBNP, BNP)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	<125 ng/L	Analyse as soon as possible or spin/ separate N-terminal pro brain natriuretic	
	(common abbreviation) Blood gases Brain natriuretic peptide (NT-proBNP,	(common abbreviation) 7.5 mL Blood gases Brain natriuretic peptide (brown cap) 7.5 mL (NT-proBNP, 7.5 mL	(common abbreviation) 7.5 mL Blood gases Brain natriuretic peptide (brown cap) (NT-proBNP, 7.5 mL time 7.5 mL Routine:2 hours Urgent: 70 min	(common abbreviation) 7.5 mL Blood gases Brain natriuretic peptide (brown cap) (NT-proBNP, 7.5 mL time 7.5 mL See under A, Arterial blood gases Routine:2 hours Urgent: 70 min 7.5 mL	

C						
Discipline	Test A - Z (common	Sample type	Turnaround time	Adult reference range	Special precautions	
	abbreviation)					
Biochemistry	Calcium	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	2.18 - 2.60 mmol/L		
Microbiology	Carbapenemase- producing	Site: rectal swab/ stool	2 working days	N/A	Store in fridge at 4 - 8°C	

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Mater							
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1					
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025							
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition							
Title: User Manual							

C

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
	Enterobacterales and Vancomycin- resistant Enterococcus (CPE/ VRE screen)	Swab: Amies Transport Swab (Blue top)	Mon - Thurs		
Biochemistry	Chloride (CI)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	95 - 108 mmol/L	Affected by haemolysis
Microbiology	Clostridioides difficile toxin A & B (C. difficile, C. Diff, Clostridium difficile)	5 - 10 mL of loose or liquid faeces in sterile universal container	4 hours	N/A	Store in fridge at 4 - 8°C Please note that formed faeces specimens are not tested for <i>C.</i> difficile unless requested by Consultant Microbiologist.
Microbiology	Covid		1	See under S (SARS-CoV-2)	
Biochemistry	C-Reactive Protein (CRP)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	< 5.0 mg/L	
Biochemistry	Creatine Kinase (CK)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	F: 33 - 208 IU/L M: 44 - 272 IU/L	Analyse as soon as possible or spin/ separate
Biochemistry	Creatinine	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	Up to 40y F: 44 - 88 μmol/L M: 53 - 106 μmol/L Up to 60y	Analyse as soon as possible or spin/ separate.

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT							
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1					
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025							
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition							
Title: User Manual							

Discipline	Test A - Z (common	Sample type	Turnaround	Adult reference range	Special precautions
	abbreviation)		time		
				F: 44 - 97 µmol/L M: 53 - 115 µmol/L	
				<u>> or = 60y</u>	
				F: 44 - 106 µmol/L M: 62 - 115 µmol/L	

D					
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Haematology	D-Dimer (DD, EDD)	Citrate 9NC (green cap) 3 mL	Routine:2 hours Urgent: 45 min	<0.50 μg/mL	Must be analysed within 4 hours of collection. Correct blood volume in tube essential: fill to line on bottle

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Pri						
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1				
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025						
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition						
Title: User Manual						

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult referen	_	Special precautions
Haematology	Erythrocyte Sedimentation Rate (ESR)	Na Citrate 4NC (purple cap) 3.5 mL	2 hours	Female: Male:	< 20 < 10	Please ensure full sample is taken and mix well by inverting gently 4-5 times. ESR testing is only carried out for Temporal Arteritis, Polymyalgia Rheumatica, Multiple Myeloma, Giant cell arteritis (GCA)

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Biochemistry	Ferritin	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent: 70 min	F: 4.6 - 204 ng/mL M: 21.8 - 275 ng/mL	Analyse as soon as possible or spin/ separate.
Haematology	Fibrinogen	Na Citrate 9NC (green cap) 3mL	Routine:2 hours Urgent: 45 min	2.0 - 4.0 g/L	Must be analysed within 4 hours of collection. Correct blood volume in tube essential: fill to line on bottle

Title: User Manual							
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition							
Reviewer, date: Mary Kennedy, 26/09/2024 Date of issue: 27/09/2024 Review date: 27/09/2025							
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1					
MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Mater Private Network Netwo							

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult	reference range	Special precautions
Microbiology	`Flu'			See ι	under I (Influenza)	
Haematology	Full Blood Count (FBC, Complete Blood Count, CBC)	K EDTA (pink cap) 2.7 mL	Routine:2 hours Urgent: 45 min	HGB (M)	4.00 - 11.00 x 10 ^{9/} L 3.80 - 5.80 x 10 ^{12/} L 4.50 - 6.50 x 10 ^{12/} L 11.5 - 16.5 g/dL 13.0 - 18.0 g/dL 0.37 - 0.47 x L/L 0.40 - 0.54 x L/L 80.0 - 100.0 f/L 28.0 - 32.0 pg 32.0 - 36.0 g/dL 11.0 - 15.0% 150 - 400 x 10 ^{9/} L	Clotted samples cannot be processed Optimum sample processing within 8 hours of collection. WBC, RBC, MCV, haemoglobin, and platelets are stable for up to 24 hours after collection.

G	G							
Discipline	Test A - Z (common	Sample type	Turnaround time	Adult reference range	Special precautions			
Biochemistry	abbreviation) Gamma-Glutamyl	Serum Gel	Routine:2 hours	F: 0 - 38 IU/L	Affected by haemolysis			
Biochemisti y	Transferase (GGT, Gamma GT)	(brown cap)	Urgent: 70 min	M: 0 - 55 IU/L	Arceced by fluctionysis			

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT						
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition						
Title: User Manual						

G

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
		7.5 mL			
Biochemistry	Gentamicin	Serum Plain (clear cap) 7.5 mL	Routine:2 hours Urgent: 70 min	Target pre-dose level in once daily dosing: <1 mg/L	Analyse as soon as possible or spin/ separate. If the samples is not trough, the request will not be processed.
Biochemistry	Glucose	Fluoride EDTA (yellow cap) 2.7 mL	Routine:2 hours Urgent:70 min	3.7 - 6.0 mmol/L	

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Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Biochemistry	Beta HCG (βHCG)	Lithium Heparin (orange cap) 7.5 mL	Routine:2 hours Urgent: 70 min	< 5 IU/L	
Biochemistry	Hs-Troponin I		·	See under T (Troponin)	

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT						
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition						
Title: User Manual						

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Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Biochemistry	Inorganic Phosphate			See under P (Phosphate)	
Microbiology	Influenza A/B/RSV detection	Nasopharyngeal swab Viral UTM swab	3 hours	N/A	Store in fridge at 4 - 8°C
Haematology	International Normalised Ratio (INR)	Na Citrate 9NC 3 mL	Routine:2 hours Urgent:80 mins	Determined by clinical state and PT result.	Must be analysed within 4 hours of collection. Correct blood volume in tube essential: fill to line on bottle

L

Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Biochemistry	Lactate Dehydrogenase (LDH)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	125 – 220 U/L	Analyse as soon as possible or spin/ separate. Affected by haemolysis

MATER PRIVATE NETWORK CORK – LABORATORY DEPARTMENT					
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

L					
Microbiology	Legionella urinary antigen	10 mL Urine Sterile universal container	3 hours	N/A	Store in fridge at 4 - 8°C

M						
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions	
Biochemistry	Magnesium	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	0.70 - 1.00 mmol/L	Analyse as soon as possible or spin/ separate Affected by haemolysis	
Microbiology	MRSA screen	Amies Transport Swab (Blue top)	2 working days, Mon-Thurs	N/A	Store in fridge at 4 - 8°C Nasal and Groin swabs and, if present, also send swab of wounds, sites of damaged or abnormal skin, intravenous line insertion sites. CSUs and sputum if expectorating.	

Page 99 of 103 Print date: 27/09/2024

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Private Network					
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1			
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025			
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition					
Title: User Manual					

N							
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions		
Microbiology	Norovirus detection	5-10 mL Faeces Sterile universal container	1 working day	N/A	Store in fridge at 4 - 8°C		
Biochemistry	NT-proBNP			See under B (BNP)			

Discipline	Test A - Z (common	Sample type	Turnaround time	Adult reference range	Special precautions
	abbreviation)				
Biochemistry	Inorganic Phosphate (phosphate, phosphorous, PO4)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	0.74 - 1.52 mmol/L	Analyse as soon as possible or spin separate. Affected by haemolysis
Microbiology	Pneumococcal urinary antigen	10 mL Urine in sterile universal container	3 hours	N/A	Store in fridge at 4 - 8°C
Biochemistry	Potassium**	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	3.5 - 5.3 mmol/L	Analyse as soon as possible or spin separate Affected by haemolysis

MATER PRIVATE NETWORK CORK − LABORATORY DEPARTMENT Mater Private Network						
Owner, date: Mary Kennedy, 26/09/2024	Document: MPC-PP-LAB-002	Revision: 4.1				
Reviewer, date: Mary Kennedy, 26/09/2024	Date of issue: 27/09/2024	Review date: 27/09/2025				
Authoriser, date: Louise O'Callaghan, 27/09/2024 Standards: ISO 15189 and JCI 7 th Edition						
Title: User Manual						

P						
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions	
Biochemistry	Total Protein	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	64 - 83 g/L	Analyse as soon as possible or spin/ separate Affected by haemolysis	
Haematology	Prothrombin Time (PT)	Na Citrate 9NC 3 mL	Routine:2 hours Urgent:80 min	11.4 - 15.0 seconds	Must be analysed within 4 hours of collection. Correct blood volume in tube essential: fill to line on bottle	

R							
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions		
Microbiology	Respiratory panel (including SARS-CoV-2)	Nasopharyngeal and Oropharyngeal Viral UTM swab	Urgent: 2 hrs Routine: 1 working day	N/A	Store in fridge at 4 - 8°C		
Microbiology	RSV		L_	See under I (Influenza)	1		

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Title: User Manual					

S					
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Microbiology	SARS-CoV-2 detection ('Covid')	Site: Nasopharyngeal and Oropharyngeal Swab: Viral UTM	Urgent: 2 hours Routine:1 working day	N/A	Store in fridge at 4 - 8°C
Biochemistry	Sodium (Na)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	133 - 146 mmol/L	

Т					
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions
Biochemistry	Thyroid Function Tests (TFT: TSH, FT4)	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	TSH: 0.35 - 4.94 mIU/L Free T4: 9.0 - 19.1 pmol/L	
Biochemistry	Total Bilirubin	Serum Gel (brown cap) 7.5 mL	Routine:2 hours Urgent:70 min	5 - 24 μmol/L	Analyse as soon as possible or spin/separate. Affected by haemolysis
Biochemistry	Total Protein	Serum Gel	Routine:2 hours	64 – 83 g/L	Analyse as soon as possible or spin/

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Т					
		(brown cap)	Urgent:70 min		separate
		7.5 mL			Affected by haemolysis
Biochemistry	Hs-Troponin I	7.5 mL	Routine:2 hours	< 16 ng/L (f)	See MPC-LAB-FORM-122 on Q-Pulse
,	·	Lithium Heparin	Urgent:70 min	< 34 ng/L (m)	for clinical guidance.

U									
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions				
Biochemistry	Urea	Serum Gel 7.5 mL (brown cap)	Routine:2 hours Urgent:70 min	2.1 – 7.1 mmol/L	Analyse as soon as possible or spin/ separate				

V									
Discipline	Test A - Z (common abbreviation)	Sample type	Turnaround time	Adult reference range	Special precautions				
Biochemistry	Vancomycin	Serum	Routine:2 hours Urgent:70 min	See nchd.ie	Analyse as soon as possible or spin/ separate. If the samples is not trough, the request will not be processed.				